

Holy Eucharist

February 4, 2024

Zoom link:

<https://us02web.zoom.us/j/85887946777?pwd=eig4MEdsMUh6clV6b2dUblFOQ3l2Zz09>

Meeting ID: 858 8794 6777

Passcode: 782611

Epiphany 5B

Prelude



All stand as they are able

Opening Hymn

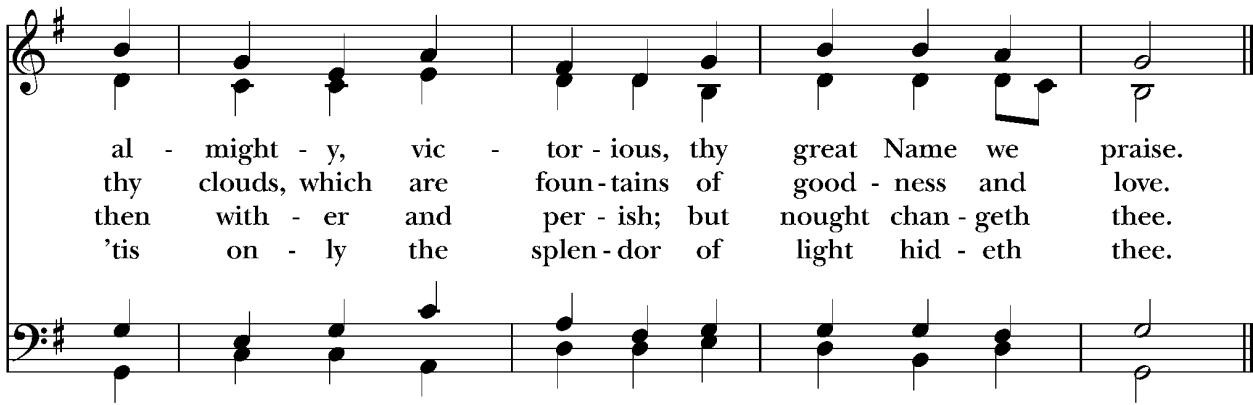
Immortal, invisible

Hymnal 423

1 Im - mor - tal, in - vis - i - ble, God on - ly wise,
2 Un - rest - ing, un - hast - ing, and si - lent as light,
3 To all life thou giv - est, to both great and small;
4 Thou reign - est in glo - ry, thou rul - est in light,

in light in - ac - ces - si - ble hid from our eyes,
nor want - ing, nor wast - ing, thou rul - est in might;
in all life thou liv - est, the true life of all;
thine an - gels a - dore thee, all veil - ing their sight;

most bless - ed, most glo - rious, the An - cient of Days,
thy jus - tice like moun - tains high soar - ing a - bove
we blos - som and flour - ish, like leaves on the tree,
all laud we would ren - der: O help us to see



al - might - y, vic - tor - ious, thy great Name we praise.
 thy clouds, which are foun - tains of good - ness and love.
 then with - er and per - ish; but nought chan - geth thee.
 'tis on - ly the splen - dor of light hid - eth thee.

Presider Blessed be God: Father, Son, and Holy Spirit.
People And blessed be God's kingdom, now and for ever. Amen.

The Presider begins the Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: **Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

The following is said, all standing

**Glory to God in the highest,
 and peace to God's people on earth.
 Lord God, heavenly King,
 almighty God and Father,
 we worship you, we give you thanks,
 we praise you for your glory.
 Lord Jesus Christ, only Son of the Father,
 Lord God, Lamb of God,
 you take away the sin of the world:
 have mercy on us;
 you are seated at the right hand of the Father:
 receive our prayer.
 For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father. Amen.**

Collect of the Day

Presider God be with you.
People **And also with you.**
Presider Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

All sit.

First Reading

Isaiah 40:21-31

A Reading from the book of the prophet Isaiah.

²¹Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?
²²It is God who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
²³who brings princes to naught,
and makes the rulers of the earth as nothing.
²⁴Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when God blows upon them, and they wither,
and the tempest carries them off like stubble.
²⁵To whom then will you compare me,
or who is my equal? says the Holy One.
²⁶Lift up your eyes on high and see:
Who created these?
God who brings out their host and numbers them,
calling them all by name;
because the Holy One is great in strength,
mighty in power,
not one is missing.
²⁷Why do you say, O Jacob,
and speak, O Israel,
“My way is hidden from the LORD,
and my right is disregarded by my God”?
²⁸Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth,
who does not faint or grow weary;
whose understanding is unsearchable.
²⁹The Holy One gives power to the faint,
and strengthens the powerless.
³⁰Even youths will faint and be weary,
and the young will fall exhausted;
³¹but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

Reader The Word of the Lord.
People **Thanks be to God.**

Remain seated

Psalm 147:1-12, 21c

to be prayed responsively

¹Hallelujah!
How good it is to sing praises to our God! *
how pleasant it is to honor God with praise!
²**The LORD rebuilds Jerusalem; ***
the Holy One gathers the exiles of Israel
³**and heals the brokenhearted ***
and binds up their wounds.
⁴God counts the number of the stars *
and calls them all by their names.
⁵**Great is our LORD and mighty in power, ***
whose wisdom is limitless.
⁶The LORD lifts up the lowly, *
but casts the wicked to the ground.
⁷**Sing to the LORD with thanksgiving; ***
make music to our God upon the harp.
⁸The Holy One covers the heavens with clouds *
and prepares rain for the earth;
⁹the LORD makes grass to grow upon the mountains *
and green plants to serve mankind.
¹⁰**The LORD provides food for flocks and herds ***
and for the young ravens when they cry.
¹¹God is not impressed by the might of a horse, *
and has no pleasure in the strength of a man;
¹²**But the LORD has pleasure in those who fear him, ***
in those who await his gracious favor. ^{21c} Hallelujah!

Second Reading

1 Corinthians 9:16-23

A Reading from Paul's First letter to the Church in Corinth.

¹⁶If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! ¹⁷For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews, I became as a Jew, in order to win Jews. To those under the law, I became as one under the law (though I myself am not under the law) so that I might win those under the law. ²¹To those outside the law, I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all

people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.

People **Thanks be to God.**

All stand as they are able.

Sequence Hymn

The church of Christ in every age

WLP 779

1 The church of Christ in ev - ery age, be - set by
3 Then let the ser - vant church a - rise, a car - ing
4 For Christ a - lone, whose blood was shed, can cure the
5 We have no mis - sion but to serve in full o -

change but Spir - it - led, must claim and test its
church that longs to be a part - ner in Christ's
fe - ver in our blood, and teach us how to
be - dience to our Lord: to care for all, with -

her - i - tage and keep on ris - ing from the dead.
sac - ri - fice, and clothed in Christ's hu - man - i - ty.
share our bread and feed the starv - ing mul - ti - tude.
out re - serve, and spread Christ's lib - er - at - ing word.

Holy Gospel

Mark 1:29-39

Gospeller The Holy Gospel of our Savior Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

²⁹[When Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John.³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sunset, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you."

³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.



Gospeller The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Sermon

Rob Hampton

All then stand as they are able.

Nicene Creed

Presider Let us affirm the faith of the Church using the words of the Nicene Creed.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father [and the Son],
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

All remain standing as they are able.

Prayers of the People

Presider Brothers and sisters, children of the God who has no equal: we come before you humbled, asking for your healing presence. Heal us and raise us so that we may serve you. We are amazed at your creative genius—how you have stretched the heavens like curtains, and yet you bend to be with us. We are amazed, God. We raise our hearts in awe.

Intercessor Our world and our lives are in need of healing and direction. We ask you to guide your church and heal it where it is worn out and self-centered. Direct those who lead the church: bishops, priests, deacons, Ministry Teams—all those in positions of leadership. **We ask for direction. Raise them up, God.**

Silence is kept.

We ask you to heal the relationships between nations and neighbors. Give the leaders of the nations the courage to pursue justice and speak peace as an example for the world. **We ask for healing. Raise them up, God.**

Silence is kept.

Holy One, you are ruler of all things in heaven and earth. Hear our prayers for this parish family. Strengthen the faithful, arouse the careless, and restore the penitent. Grant us all a burning heart for our congregation, and all things necessary for our common life, and the embrace of the ministries with which you have gifted everyone. Bring us all to be of one heart and mind within your holy Church. **We ask for direction. Raise them up, God.**

Silence is kept

Holy One, we rely on, and give thanks for, your divine wisdom, knowledge and understanding. We know that, because of your Holy Spirit's guidance, we can make the right decisions in line with your will and purpose for this parish. We ask for the Spirit of discernment, that we each may be enabled to make those decisions that will lead us to the serving of your church in this place. **We ask for direction. Raise them up, God.**

Silence is kept

We are abundantly blessed, and praise you for your goodness and care of us. We are grateful today for [_____and] all you so graciously give us. **We raise up our thanks and praise, God.**

Silence is kept.

Many of us suffer from addiction, anxiety, and illness. We pray for [_____and] all of these. Break the chains that bind them, and heal them, God. Surround them with supportive people, the resources they need, and a tangible sense of your love. **We ask for healing. Raise them up, God.**

Silence is kept.

We pray for those who have died [remembering_____], that they may know the fullness of your love in the life you have prepared for them. Comfort those who grieve their loss, and give them the confidence of your love that knows no limits of time or space. **We ask for assurance of your love. Raise them up, God.**

Presider Lord God, you have called your servants in this place to ventures of which we cannot see the ending, by paths as yet untrodden, through perils unknown. Give us faith to go out with good courage, not knowing where we go, but only that your hand is leading us and your love supporting us; for this we pray. **Amen.**

Confession of Sin

The Presider says to the people

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

Let us confess our sins to God.

All remain standing, or kneel, as they are able.

Silence may be kept.

Minister and People

**God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

A Priest stands and says

Almighty God have mercy on you, + forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

All then stand as they are able.

Peace

Presider The peace of Christ be always with you.
People **And also with you.**

The Ministers and the People may offer God's peace to one another in the name of the Lord.

The People then are seated.

Announcements

Holy Communion

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High.
Psalm 50:14

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the Presider.

The people stand while the offerings are presented and placed on the Altar

Offertory Hymn

Doxology

**Praise God, from Whom all blessings flow;
Praise God, all creatures here below;
Praise God above, you heav'nly host;
Praise Father, Son, and Holy Ghost.**

The people remain standing as they are able

Great Thanksgiving

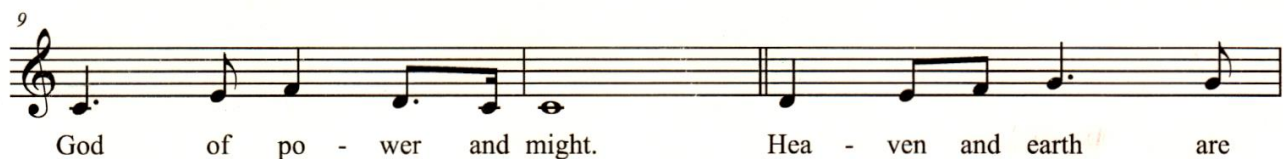
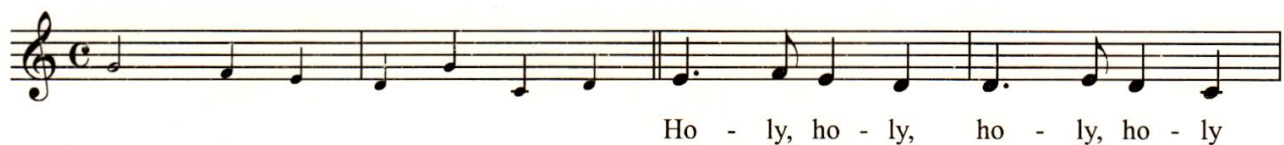
Presider The Lord be with you.
People **And also with you.**
Presider Lift up your hearts.
People **We lift them to the Lord.**
Presider Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

The Presider proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son, Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus



12
full of your glo - ry. Ho - san - na in the high - est! All

15
hea - ven and earth are full of your glo - ry. Ho - san - na, ho -

18
san - na, ho - san - na in the high - est!

24 *molto rit.*
Bles-sed is the one who comes in the name of the LORD.

The people continue to stand, or kneel, as they are able.

The Presider continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died; Christ is risen; Christ will come again.

The Presider continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them + by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

Sanctify us + also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Presider then continues

As our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory,
now and forever. Amen.**

Breaking of the Bread

A period of silence is kept.

The Presider says

This is the true bread which comes down from heaven and gives life to the world.
Whoever eats this bread will live for ever.

These are the Gifts of God.

And we are the people of God.

All are welcome to receive Holy Communion.

When all who desire have received, the Presider then says

Let us pray.

Presider and People

**Eternal God, heavenly Father,
you have graciously accepted us as living members**

**of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Blessing

A priest blesses the people, saying

Go into the world, and know how much a tired and hurting world needs your strength and gladness. For there are deeds of compassion and courage that will never be done, unless you do them; and words of hope and healing that will never be spoken, unless you speak them.

And the blessing of God Almighty, † the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

Concluding Hymn

God, creator, source of healing

VF 93

1 God, cre - a - tor, source of heal - ing here we
2 Je - sus, known to friend and seek - er ex - er -
3 Ho - ly Spi - rit, bring us whole-ness, come with
4 Tri - ni - ty of awe and won - der yours the

pray for whole-ness and health. Guide our work, our
cis - ing heal - er's art, may the strong sup -
your trans - form - ing love; give us free - dom,
glo - ry, yours the praise. Strike our bind - ing

thoughts, and feel - ing, guide the shar - ing of our wealth.
 port the weak - er show - ing love with head and heart;
 hope and bold - ness, raise our eyes to see from a - bove;
 chains a - sun - der, lib - er - ate our cramp - ing ways.

Give dis - cern - ment in our de - ci - sions give com -
 give fresh en - er - gy and pur - pose when un -
 shape our sys - tems, in - sti - tu - tions, clar - i -
 May our lives re - flect your splend - our, in a -

pas - sion in our care; rec - on - cile our
 rea - son - ing blocks your grace, spare us harm, in
 fy our blind - ed sight, as we seek God -
 bun - dance Lord we ask. God, our guide and

strife and di - vi - sions as we search for means to share.
 dan - ger a - lert us, show the ra - diance of your face.
 giv - en so - lu - tions, help us greet the just and right.
 our be - friend - er, give new mean - ing to our task.

Dismissal

Minister And now, my brothers and sisters in Christ, I bid you go out as did St Barnabas, the Encourager. Go out with joy and in peace, to love and serve our Lord.

People **Thanks be to God.**

Postlude

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This week in prayer

Please remember these persons and congregations in your prayers this week:

Our Bishops Bonnie, Michael, Justin, Moises (TEC); Elizabeth, Donald and Craig (ELCA)
and for all priests, deacons, Ministry Teams, and those in formation

Anglican Cycle of Prayer:

February 4 The Anglican Church of South America

Diocese of Michigan Cycle of Prayer:

February 4 All Saints', Pontiac; Holy Spirit, Carraras, DR

St Barnabas Cycle of Prayer: Alan, Kitty, Linda, Scott

and our continuing prayers for: Jim M, Mardi, Pat, Robert, Selenah

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Faith in Action provides leadership in collecting donations to support households in need in the Chelsea and Dexter areas. They are in need of our continuing help. You may bring your donations to FIA, or to Nancy who will see that they get there. **If you bring food directly to FIA**, please let Nancy know, so she can continue to keep our records of donation. If you write a check, please make it to *Faith In Action*. The **next Food Drive at the church is February 18**. Please contribute as generously as you can.

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Upcoming Commemorations

- February 4 Cornelius the Centurion; Manche Masemola, Martyr, 1928; and, Anskar, Archbishop of Hamburg, Missionary to Denmark and Sweden, 865
- 5 Roger Williams, 1683, and Anne Hutchinson, 1643, Prophetic Witnesses
- 7 Cornelius the Centurion
- 8 Bakhita (Josephine Margaret Bakhita), Monastic, 1947
- 10 Scholastica, Monastic, 543

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Epiphany 5B February 4, 2024

Isaiah 40:21-31

In Isaiah 39, the prophet gave Yahweh's judgment to King Hezekiah: Judah would soon be overtaken by Babylon. After this ominous message, the second major section of Isaiah, known as the *Book of Comfort*, begins. This section of Isaiah includes chapters 40 through 66. Our reading occurs in the opening paragraphs of the Book of Comfort. Here, the image of God's majesty is presented through poetry. For those who had heard Isaiah's prophecy, this poetry would have offered a contrasting view of Yahweh: the consoling deliverer.

- In this passage, Isaiah responds to the harsh judgment of Yahweh (Isa. 39) with contrasting imagery. Where do you see the contrast between sin and redemption at work in the world today?

Psalm 147:1-12, 20c

Psalms 146 – 150 form a collection known as The Endless Hallelujah. Psalm 147:1 invites the community of Israel to praise Yahweh. Verses 2 – 6 describe Yahweh’s good works. Verses 7 – 11 repeat the cycle: in verse 7, the invitation to praise, and in verses 8 – 11, the reasons to praise Yahweh. For thousands of years, this Psalm has reminded us to praise God, from whom all blessings flow.

- In our busy lives, pausing to praise Yahweh may be difficult. How might our lives be affected by creating space and time for daily worship?

1 Corinthians 9:16-23

Paul proclaimed the gospel with no expectation of payment or other earthly reward. Corinth was a society in which success was known by wealth, power, and prestige. Paul sets himself apart from secular recognition: the gospel is God’s message of grace and Paul will do whatever is necessary to bring the message to all of God’s people. God’s abundant grace is available to the weak, the slave, the citizen, the Jew, and all others in Corinth. This must have been a peculiar message in a city that prized status.

- Many of us live in societies like Corinth. As Christians, our daily walk in the world is an opportunity to proclaim the gospel. What is the gospel message we are communicating?

Mark 1:29-39

This passage continues to reveal the healing power of Jesus. For those in Galilee, rumors were traveling quickly about the healer. People were coming to see him. Jesus retreats from the village of Capernaum to pray alone. He is found by his disciples, who encourage him to return. But Jesus announces that it is time for him to travel throughout Galilee to proclaim the message, “Because that is why I came.” Throughout this gospel, making the good news accessible to the Gentiles is a consistent rhetorical message. In verse 38, Mark makes clear that proclaiming God’s message was Jesus’ reason for being in their midst.

- Living conditions in Galilee were primitive. Suddenly, Jesus moves among them—and he is able to heal the un-healable. Surrounded by people needing his divine touch, Jesus retreats to pray alone. When the world presses upon us, the example of Jesus suggests that we should intentionally hit the “pause” button and spend time praying. What benefits do you see in choosing to follow Jesus’ example? What challenges do you see?

This Bible study was written by Paula Jefferson.

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Sequence Hymn text is found at *Voices Found* #799; **tune Wareham**, is found at *Hymnal* #137

Sanctus musical setting from *St Barnabas Mass*, by Doug Howell. © 2016 Creative Measures. Used by permission of the composer.

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Our Mission:

We seek to grow as diverse disciples of Jesus Christ, and to serve Jesus by serving others in the world, guided by the values of Ancient Rites, Open Minds, and Affirming Hearts.



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