

Holy Eucharist

January 21, 2024

Zoom link:

<https://us02web.zoom.us/j/85887946777?pwd=eig4MEdsMUh6clV6b2dUblFOQ3l2Zz09>

Meeting ID: 858 8794 6777

Passcode: 782611

Epiphany 4B

Prelude



All stand as they are able

Opening Hymn

Thou whose almighty word

Hymnal 371

1 Thou, whose al - might - y word cha - os and dark - ness heard,
2 Thou who didst come to bring on thy re - deem - ing wing
3 Spi - rit of truth and love, life - giv - ing, ho - ly Dove,
4 Ho - ly and bless - ed Three, glo - ri - ous Trin - i - ty,

and took their flight; hear us, we hum - bly pray, and, where the
heal - ing and sight, health to the sick in mind, sight to the
speed forth thy flight! Move on the wa - ters' face bear - ing the
wis - dom, love, might; bound - less as o - cean's tide, roll - ing in

Gos - pel day sheds not its glo - rious ray, let there be light!
in - ly blind, now to all hu - man - kind, let there be light!
gifts of grace, and, in earth's dark - est place, let there be light!
full - est pride, through the world, far and wide, let there be light!

Presider Blessed be God: Father, Son, and Holy Spirit.
People And blessed be God's kingdom, now and for ever. Amen.

The Presider begins the Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The following is said, all standing

**Glory to God in the highest,
and peace to God's people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

Collect of the Day

Presider God be with you.
People **And also with you.**
Presider Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

All sit.

First Reading

Deuteronomy 18:15-20

A Reading from the book of Deuteronomy.

[Moses summoned all Israel and said to them,] ¹⁵“The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. ¹⁶This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: ‘If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.’ ¹⁷Then the LORD replied to me: ‘They are right in what they have said. ¹⁸I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. ¹⁹Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. ²⁰But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.’ ”

Reader The Word of the Lord.

People **Thanks be to God.**

Remain seated

Psalm 111

to be prayed responsively

¹Hallelujah!

I will give thanks to the LORD with my whole heart, *
in the assembly of the upright, in the congregation.

²**Great are the deeds of the LORD! ***
they are studied by all who delight in them.

³His work is full of majesty and splendor, *
and his righteousness endures forever.

⁴**He makes his marvelous works to be remembered; ***
the LORD is gracious and full of compassion.

⁵He gives food to those who fear him; *
he is ever mindful of his covenant.

⁶**He has shown his people the power of his works ***
in giving them the lands of the nations.

⁷The works of his hands are faithfulness and justice; *
all his commandments are sure.

⁸**They stand fast for ever and ever, ***
because they are done in truth and equity.

⁹He sent redemption to his people;
he commanded his covenant forever; *
holy and awesome is his Name.

¹⁰**The fear of the LORD is the beginning of wisdom; ***
those who act accordingly have a good understanding;
his praise endures forever.

Second Reading

1 Corinthians 8:1-13

A Reading from Paul's First letter to the Church in Corinth.

¹Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. ²Anyone who claims to know something does not yet have the necessary knowledge; ³but anyone who loves God is known by him.

⁴Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” ⁵Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—⁶yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

⁷It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. ⁸“Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. ⁹But take care that this liberty of yours does not somehow become a stumbling block to the weak. ¹⁰For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? ¹¹So by your knowledge those weak believers for whom Christ died are destroyed. ¹²But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. ¹³Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader The Word of the Lord.

People **Thanks be to God.**

All stand as they are able.

Sequence Hymn

Where charity and love prevail

Hymnal 581

1 Where char - i - ty and love pre - vail there God is ev - er found;
2 With grate-ful joy and ho - ly fear his char - i - ty we learn;
3 For - give we now each o - ther's faults as we our faults con - fess;
4 Let strife a - mong us be un - known, let all con - ten - tion cease;
5 Let us re - call that in our midst dwells God's be - got - ten Son;

1 brought here to - geth - er by Christ's love by love are we thus bound.
 2 let us with heart and mind and strength now love him in re - turn.
 3 and let us love each o - ther well in Chris-tian ho - li - ness.
 4 be his the glo - ry that we seek, be ours his ho - ly peace.
 5 as mem-bers of his Bo - dy joined we are in him made one.

Holy Gospel

Mark 1:21-28

Gospeller The Holy Gospel of our Savior Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

²¹[Jesus and his disciples] went to Capernaum; and when the sabbath came, he entered the synagogue and taught. ²²They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. ²³Just then there was in their synagogue a man with an unclean spirit, ²⁴and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." ²⁵But Jesus rebuked him, saying, "Be silent, and come out of him!" ²⁶And the unclean spirit, convulsing him and crying with a loud voice, came out of him. ²⁷They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." ²⁸At once his fame began to spread throughout the surrounding region of Galilee.



Gospeller The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Sermon

Marion VanLoo

All then stand as they are able.

Nicene Creed

Presider Let us affirm the faith of the Church using the words of the Nicene Creed.

**We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father [and the Son],
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

All remain standing as they are able.

Prayers of the People

Presider Brothers and sisters, children of God, we gather in Jesus; name, because we know who he is. He knows our deepest needs and weaknesses, and we look to ji, in hope. Hear our prayers, Holy One of God.

Intercessor The world is hurting and restless for you, Lord. The earth is stressed and cries out for protection. Its peoples cry out in hunger and fear. We turn to you in need of deliverance. **Hear our prayers, Holy One of God.**

Silence is kept.

We pray for your Church as it walks your Way of Love. May your people and their leaders know deeply your loving, liberating life-giving presence. **Hear our prayers, Holy One of God.**

Silence is kept.

We pray for those who govern all over the world, that they may pursue justice and practice peace. Equip them with the courage and resources to respond to the needs of their people. **Hear our prayers, Holy One of God.**

Silence is kept.

Holy One, you are ruler of all things in heaven and earth. Hear our prayers for this parish family. Strengthen the faithful, arouse the careless, and restore the penitent. Grant us all a burning heart for our congregation, and all things necessary for our common life, and the embrace of the ministries with which you have gifted everyone. Bring us all to be of one heart and mind within your holy Church. **Hear our prayers, Holy One of God.**

Silence is kept

Holy One, we rely on, and give thanks for, your divine wisdom, knowledge and understanding. We know that, because of your Holy Spirit's guidance, we can make the right decisions in line with your will and purpose for this parish. We ask for the Spirit of discernment, that we each may be enabled to make those decisions that will lead us to the serving of your church in this place. **Hear our prayers, Holy One of God.**

Silence is kept

We are abundantly blessed, and praise you for your goodness and care of us. We are grateful today for [_____and] all you so graciously give us. **Hear our prayers, Holy One of God.**

Silence is kept.

For those who have lost their freedom to addiction, for those who wrestle with worry, for those who struggle with mobility, communication, and relationship. For those who are ill and facing surgery or treatments [especially_____]. For those who will soon give birth, and those who have lost a pregnancy. We look to you for care of all these to give them hope through your presence.

We commend to you the souls of those who have died, and ask you to comfort those whose hearts ache with grief [remembering especially_____].

Presider Lord God, you have called your servants to ventures of which we cannot see the ending, by paths as yet untrodden, through perils unknown. Give us faith to go out with good courage, not knowing where we go, but only that your hand is leading us and your love supporting us; for this we pray. **Amen.**

Confession of Sin

The Presider says to the people

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

Let us confess our sins to God.

All remain standing, or kneel, as they are able.

Silence may be kept.

Minister and People

**God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

A Priest stands and says

Almighty God have mercy on you, † forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

All then stand as they are able.

Peace

Presider The peace of Christ be always with you.
People **And also with you.**

The Ministers and the People may offer God's peace to one another in the name of the Lord.

The People then are seated.

Announcements

Holy Communion

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High.

Psalm 50:14

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the Presider.

The people stand while the offerings are presented and placed on the Altar

Offertory Hymn

Doxology

**Praise God, from Whom all blessings flow;
Praise God, all creatures here below;
Praise God above, you heav'nly host;
Praise Father, Son, and Holy Ghost.**

The people remain standing as they are able

Great Thanksgiving

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

The Presider proceeds

God of glory and truth, we praise your holy name with thanksgiving, because you sent prophets to inscribe the story of creation, to recall the shaping of your covenant with Israel, and to hold your people to account for their life in you.

Those same prophets told of a day when you would restore your covenant, and open wide your arms to bring your people home to you.

In Jesus, we see those promises fulfilled.

In his death and resurrection, we know our sins are forgiven and receive the promise of everlasting life with you.

And so with angels and archangels, and the company of heaven, we join the everlasting hymn to your praise:

Sanctus

Ho - ly, ho - ly, ho - ly, ho - ly

5
God of po - wer and might. Ho - ly, ho - ly, ho - ly, ho - ly

9
God of po - wer and might. Hea - ven and earth are

12
full of your glo - ry. Ho - san - na in the high - est! All

15
hea - ven and earth are full of your glo - ry. Ho - san - na, ho -

18
san - na, ho - san - na in the high - est!

24 *molto rit.*
Bles-sed is the one who comes in the name of the LORD.

The people continue to stand, or kneel, as they are able.

The Presider continues

Gracious God, your Son Jesus ate with friends and strangers, with devoted disciples and skeptical scrutinizers, with the one who would betray, and the one who had denied.

He made food a place of encounter with you. By the power of your Holy Spirit † visit your people and sanctify us in the image of your crucified Son.

Through the same Spirit, + make these gifts of bread and wine be for us the body and blood of your Son Jesus Christ;

who, at supper with his disciples, took bread, gave you thanks, broke the bread, and gave it to them, saying,
"Take, eat: this is my body which is given for you; do this in remembrance of me.

After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, 'Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore we proclaim the mystery of faith:
Christ has died; Christ is risen; Christ will come again.

The Presider continues

Calling God, you find us where we are, and summon us to follow you.

Cleansing God, your Son Jesus taught and healed as one with authority. Where your children search in vain for someone to trust, show them your face.

Where your people long for one to lead, or a path to follow, send them your pillar of cloud by day and of fire by night.

Where your church is faltering in fear and doubt, make yourself known in the ones we regard as the least of these.

Usher in the day when all may taste and see the riches of your grace, and your almighty arms of love will embrace all the world, in Jesus Christ, through the power of the Holy Spirit in union with the Father. **AMEN.**

The Presider then continues

As our Savior Christ has taught us, we now pray,

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

Breaking of the Bread

A period of silence is kept.

The Presider says

This is the true bread which comes down from heaven and gives life to the world.
Whoever eats this bread will live for ever.

These are the Gifts of God.

And we are the people of God.

All are welcome to receive Holy Communion.

Remaining seated, the following is sung after the table has been cleared.

Communion Hymn

Chorus Book 159

Seek ye first

1. Seek ye first the king - dom of God
And His righ - teous - ness;
And all these things shall be add - ed un - to you.
Hal - le - lu, Hal - le - lu - jah.

The musical score is written in G minor (three flats) and 2/2 time. It consists of four systems of music, each with a vocal line and a piano accompaniment line. The lyrics are printed below the vocal line of each system. The first system begins with a treble clef and a 2/2 time signature. The piano accompaniment uses a bass clef. The music is in a solemn, hymn-like style with long note values and rests.

The Presider then says

Let us pray.

Presider and People

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Blessing

A priest blesses the people, saying

Go into the world, and know how much a tired and hurting world needs your strength and gladness. For there are deeds of compassion and courage that will never be done, unless you do them; and words of hope and healing that will never be spoken, unless you speak them.

And the blessing of God Almighty, † the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

Concluding Hymn

Hymnal 664

From thee all skill and science flow



From thee all skill and sci- ence flow, all pi- ty,
And ha- sten, Lord, that per- fect day when pain and



care, and love, all calm and cou- rage,
death shall cease, and thy just rule shall



faith and hope: O pour them from a- bove!
fill the earth with health and light and peace;



Im- part them, Lord, to each and all, as each and
when ev- er- blue the sky shall gleam, and ev- er-



All shall need, to rise, like in- cense,
green the sod, and our rude work de-



each to thee, in no- ble thought and deed.
-face no more the han- di- work of God.

Dismissal

Minister And now, my brothers and sisters in Christ, I bid you go out as did St Barnabas,
the Encourager. Go out with joy and in peace, to love and serve our Lord.

People **Thanks be to God.**

Postlude

+++++

This week in prayer

Please remember these persons and congregations in your prayers this week:

Our Bishops Bonnie, Michael, Justin, Moises (TEC); Elizabeth, Donald and Craig (ELCA)
and for all priests, deacons, Ministry Teams, and those in formation

Anglican Cycle of Prayer:

January 28 The Anglican Church of Southern Africa

Diocese of Michigan Cycle of Prayer:

January 28 St James', Dexter; St Andrew's, Santo Domingo, St Gabriel's, Consuelo, DR

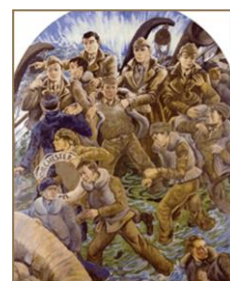
St Barnabas Cycle of Prayer: Katherine, Pat, Anabelle, Georgia, Grace
and our continuing prayers for: Jim M, Mardi, Pat, Robert, Selenah

+++++

Faith in Action provides leadership in collecting donations to support households in need in the Chelsea and Dexter areas. They are in need of our continuing help. You may bring your donations to FIA, or to Nancy who will see that they get there. **If you bring food directly to FIA**, please let Nancy know, so she can continue to keep our records of donation. If you write a check, please make it to *Faith In Action*. The **next Food Drive at the church is February 18**. Please contribute as generously as you can.

+++++

Upcoming Commemorations



- January 28 Thomas Aquinas, Friar and Theologian, 1274
- 29 Andrei Rublev, Monk and Iconographer, 1430
- 31 John Bosco: Priest, 1888; and,
 Samuel Shoemaker: Priest and Evangelist, 1963
- February 1 Brigid of Kildare, Monastic, c.523
- 2 The Presentation of our Lord Jesus Christ in the Temple
- 3 Anskar, Bishop and Missionary, 865; and,
 The Dorchester Chaplains: Lt George Fox, Lt Alexander D. Goode,
 Lt Clark V. Poling, and Lt John P. Washington, 1943
- 4 Cornelius the Centurion; and,
 Anskar, Archbishop of Hamburg, Missionary to Denmark and Sweden, 865

+++++



Epiphany 4B January 28, 2024

Deuteronomy 18:15-20

This passage refers back to a previous passage, Deuteronomy 5:22-27, where Moses reminds the people of Israel that when they were given the Ten Commandments, they did not think they could handle listening to God directly, and so they asked Moses to be an intermediary and tell them what God says to them. In this passage, God promises to send the people of Israel a prophet who will continue to function in this way, giving them God’s message. Having a prophet appointed by God is another way that the Israelites are set apart from the nations that surround them. The verse just before this passage says that the people of Israel are not to “give heed to soothsayers and diviners,” as other nations do. Instead, God will raise up a prophet like Moses that will have God’s message, so soothsayers and diviners are unnecessary for them.

- In what ways does being a part of God’s people now, i.e. being Christian, set us apart from the world around us?
- How do you listen to God?

Psalm 111

This psalm is a song of praise, beginning with a call to praise for the entire congregation. The psalm then gives many reasons for praising the Lord. It speaks of the greatness of God's works, and generally alternates between speaking of God's might and/or majesty in those works and God's mercy toward God's people. There is a kind of frame regarding knowledge – verse 2 says that God's deeds “are studied by all who delight in them,” and verse 10 provides the familiar saying, “The fear of the Lord is the beginning of wisdom.” The psalmist tells us that studying God's works leads to praising God. We can see God's majesty, power, righteousness, and compassion in the things that God has made, and this leads us to praise God with all our might.

- What parts of God's creation cause you to praise him spontaneously?
- How does creation show that God is gracious and full of compassion?

1 Corinthians 8:1-13

It might seem that this passage has nothing to do with contemporary society. After all, no one sacrifices animals in temples set up to Roman gods anymore. Paul is making a more general point here, though. He is telling the Corinthians that their behavior is causing some who are weaker in faith to return to belief in idols. In an echo of the reading from Deuteronomy, Paul is telling the Corinthians that in order to set a good example and prevent their “weaker” brothers and sisters in Christ from returning to old beliefs, they need to be set apart from the society of their day by refraining from participating in some beloved social activities. Refraining from these activities may cost them friends and possibly important social connections, but Paul tells them that he is willing to give up all of this for the sake of saving the weak in faith, and that the Corinthians should be, too. In the same way, there are activities in our society that we might participate in that may cause those with a weaker faith to lose their faith, and we need to be sensitive to this.

- What kinds of current social activities might cause other Christians to lose their faith, or to misunderstand the meaning of true faith in Christ?
- Are we willing to give up some of our comfort and/or activities we enjoy for the sake of others?
- How would you respond to the statement, “For some people, your life is the only gospel they will ever read”?

Mark 1:21-28

In Mark's gospel, Jesus seems to not want others to know that he is God's Son. People seem to understand that he is special from the very beginning, though, and that shows in this reading, the first activity in Jesus' ministry after he calls his disciples. The passage begins with the amazement of the people not because of a miracle that he has worked, but because of his teaching. They can see that when Jesus teaches, he does so in a confident, authoritative manner without the equivocation that the scribes may have had. Jesus then proceeds to provide a concrete example of his authority by casting out a demon, who knows exactly who Jesus is and says so. Jesus hushes the demon (a reminder of Psalm 107:42b: “all wickedness will shut its mouth”) and casts it out. The crowd is even more amazed at this demonstration of his power, even over unclean spirits, and though Jesus may not want anyone to know that he is “the Holy One of God,” people begin to spread the word about him.

- How does Jesus' teaching amaze you?
- Where and/or how do you see Jesus' power demonstrated today?

This Bible study was written by **Jill Stellman**

+++++

From riteplanning.com. Copyright © 2023 Church Publishing Inc. All rights reserved. **Drawing** on p.17 by the Rev. Jay Sidebotham, from *Drawn to the Gospels: an illustrated lectionary*, Year B, p.32.

Eucharistic Prayer from Wells, Samuel and Abigail Kocher. *Eucharistic prayers*. Grand Rapids MI: Eerdmans, 2016, pp92-93.

Closing Hymn text is found at *Hymnal* #566; **tune Resignation**, is found at *Hymnal* #664

+++++

Our Mission:

We seek to grow as diverse disciples of Jesus Christ, and to serve Jesus by serving others in the world, guided by the values of Ancient Rites, Open Minds, and Affirming Hearts.



St Barnabas Episcopal Church

20500 W Old US-12
Chelsea MI 48118
stbarnabaschelsea.org