

# Holy Eucharist

July 9, 2023

Zoom link:

<https://uso2web.zoom.us/j/85887946777?pwd=ei94MEdsMUh6clV6b2dUblFOQ3I2Zz0>

9

Meeting ID: 858 8794 6777

Passcode: 782611

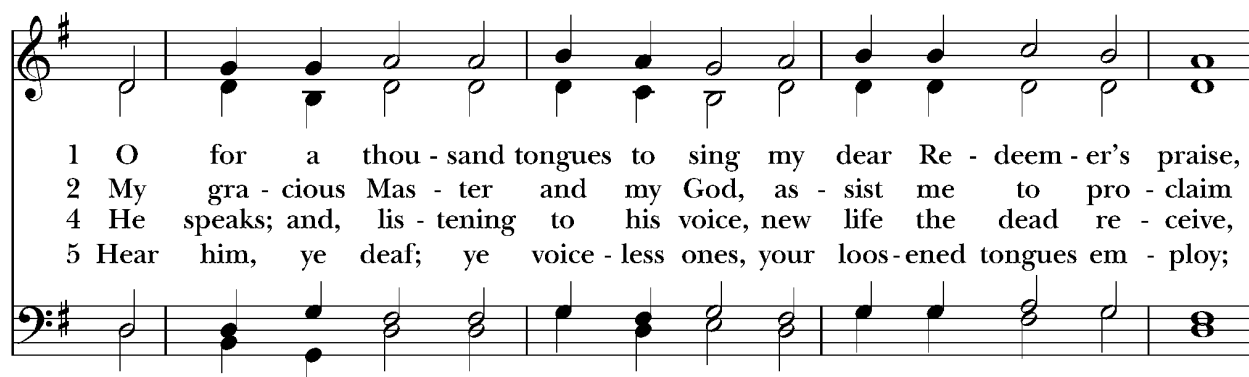
## Proper 9A: the 6<sup>th</sup> Sunday after Pentecost

### Prelude

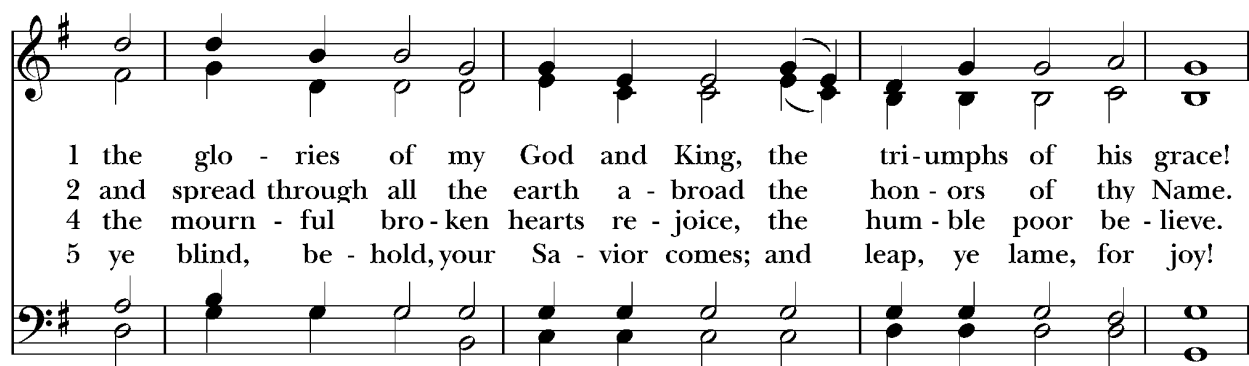
### Opening Hymn

### Hymnal 404

*O for a thousand tongues to sing*



1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,  
2 My gra - cious Mas - ter and my God, as - sist me to pro - claim  
4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,  
5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;



1 the glo - ries of my God and King, the tri - umphs of his grace!  
2 and spread through all the earth a - broad the hon - ors of thy Name.  
4 the mourn - ful bro - ken hearts re - jice, the hum - ble poor be - lieve.  
5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love  
be now and ever given  
by saints below and saints above,  
the Church in earth and heayen.

*Presider* Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be God's reign, now and for ever. Amen.**

*The Presider begins the Collect for Purity*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:  
**Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our**

# Lord. Amen.

The following is sung, all standing as they are able

## Song of Praise

Awesome God

## Chorus Book 1

Our God is an awe - some God; He reigns from

Chords: Em, C, G/B, G, D/F#

heav-en a - bove With wis - dom, pow'r and love. Our

Chords: Em, Em/D, C, G/B, G

God is an awe - some God! Our God! Our

Chords: Am, Em/B, B7, 1 Em, 2 Em

God is an awe - some God!

Chords: Am, Em/B, B7, Em

## Collect of the Day

Presider The Lord be with you.  
People **And also with you.**  
Presider Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*All sit.*

## **First Reading**

Genesis 24:34-38, 42-49, 58-67

A Reading from the book of Genesis.

[The man said to Rebekah and her household,] <sup>34</sup>“I am Abraham’s servant. <sup>35</sup>The LORD has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. <sup>36</sup>And Sarah my master’s wife bore a son to my master when she was old; and he has given him all that he has. <sup>37</sup>My master made me swear, saying, ‘You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; <sup>38</sup>but you shall go to my father’s house, to my kindred, and get a wife for my son.’

<sup>42</sup>“I came today to the spring, and said, ‘O LORD, the God of my master Abraham, if now you will only make successful the way I am going! <sup>43</sup>I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, “Please give me a little water from your jar to drink,” <sup>44</sup>and who will say to me, “Drink, and I will draw for your camels also”—let her be the woman whom the LORD has appointed for my master’s son.’

<sup>45</sup>“Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder; and she went down to the spring, and drew. I said to her, ‘Please let me drink.’ <sup>46</sup>She quickly let down her jar from her shoulder, and said, ‘Drink, and I will also water your camels.’ So I drank, and she also watered the camels. <sup>47</sup>Then I asked her, ‘Whose daughter are you?’ She said, ‘The daughter of Bethuel, Nahor’s son, whom Milcah bore to him.’ So I put the ring on her nose, and the bracelets on her arms. <sup>48</sup>Then I bowed my head and worshiped the LORD, and blessed the LORD, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master’s kinsman for his son. <sup>49</sup>Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left.”

<sup>58</sup>And they called Rebekah, and said to her, “Will you go with this man?” She said, “I will.” <sup>59</sup>So they sent away their sister Rebekah and her nurse along with Abraham’s servant and his men. <sup>60</sup>And they blessed Rebekah and said to her,

“May you, our sister, become  
thousands of myriads;  
may your offspring gain possession  
of the gates of their foes.”

<sup>61</sup>Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way.

<sup>62</sup>Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. <sup>63</sup>Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. <sup>64</sup>And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, <sup>65</sup>and said to the servant, “Who is the man over there, walking in the field to meet us?” The servant said, “It is my master.” So she took her veil and covered herself. <sup>66</sup>And the servant told Isaac all the things that he had done. <sup>67</sup>Then Isaac brought her into his mother Sarah’s tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother’s death.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

**Psalm 45:11-18**

*to be prayed responsively, beginning with **the men***

<sup>11</sup>**“Hear, O daughter; consider and listen closely; \*  
forget your people and your father’s house.**

<sup>12</sup>The king will have pleasure in your beauty; \*  
he is your master; therefore do him honor.

<sup>13</sup>**The people of Tyre are here with a gift; \*  
the rich among the people seek your favor.”**

<sup>14</sup>All glorious is the princess as she enters; \*  
her gown is cloth-of-gold.

<sup>15</sup>**In embroidered apparel she is brought to the king; \*  
after her the bridesmaids follow in procession.**

<sup>16</sup>With joy and gladness they are brought, \*  
and enter into the palace of the king.

<sup>17</sup>**“In place of fathers, O king, you shall have sons; \*  
you shall make them princes over all the earth.**

<sup>18</sup>I will make your name to be remembered  
from one generation to another; \*

**therefore nations will praise you for ever and ever.”**

**Second Reading**

Romans 7:15-25a

A Reading from Paul's letter to the Church in Rome.

<sup>15</sup>I do not understand my own actions. For I do not do what I want, but I do the very thing I hate.

<sup>16</sup>Now if I do what I do not want, I agree that the law is good. <sup>17</sup>But in fact it is no longer I that do it, but sin that dwells within me. <sup>18</sup>For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. <sup>19</sup>For I do not do the good I want, but the evil I do not want is what I do. <sup>20</sup>Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

<sup>21</sup>So I find it to be a law that when I want to do what is good, evil lies close at hand. <sup>22</sup>For I delight in the law of God in my inmost self, <sup>23</sup>but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. <sup>24</sup>Wretched man that I am! Who will rescue me from this body of death? <sup>25a</sup>Thanks be to God through Jesus Christ our Lord!

*Reader* The Word of the Lord.

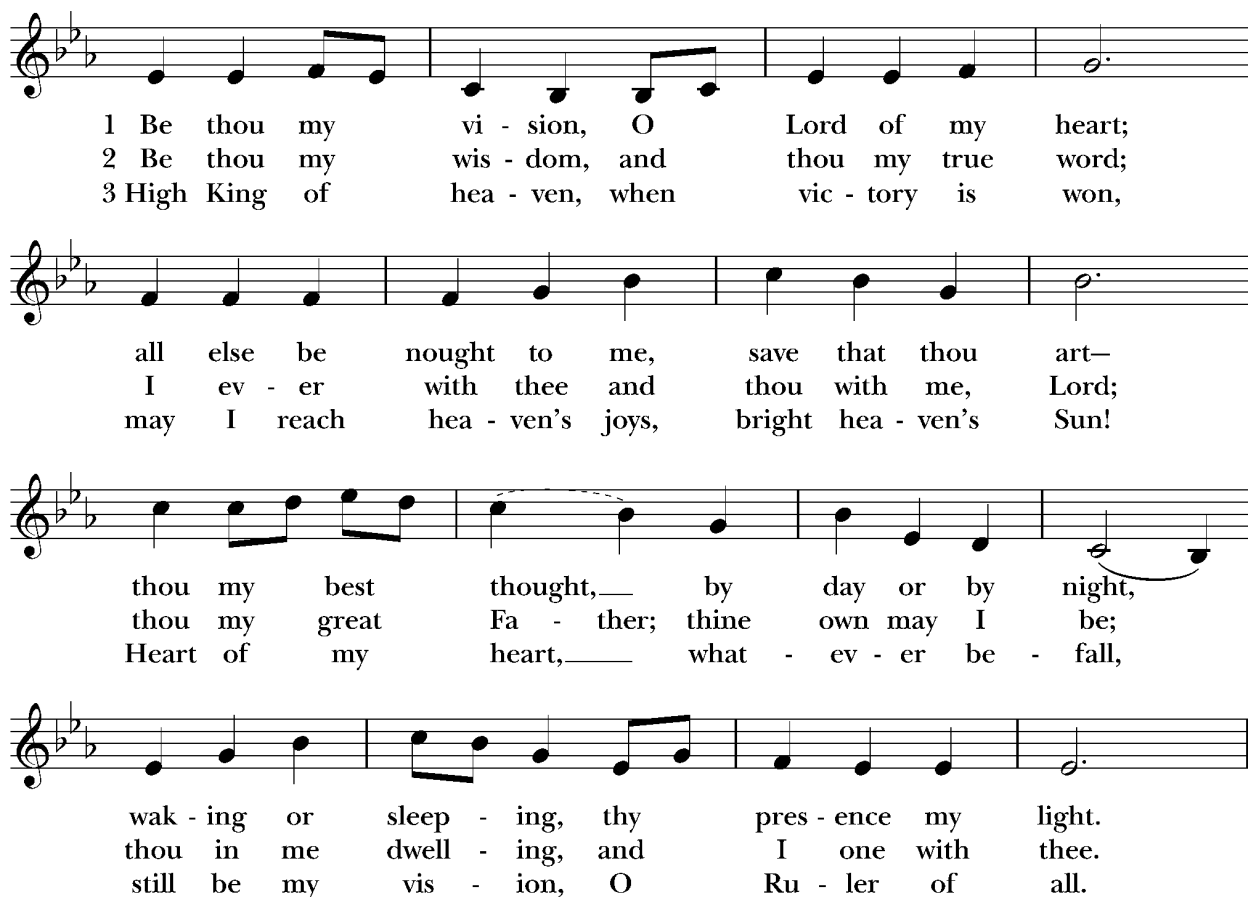
*People* **Thanks be to God.**

*All then stand as they are able.*

**Sequence Hymn**

*Be thou my vision*

**Hymnal 488**



1 Be thou my vi - sion, O Lord of my heart;  
 2 Be thou my wis - dom, and thou my true word;  
 3 High King of hea - ven, when vic - tory is won,

all else be nought to me, save that thou art—  
 I ev - er with thee and thou with me, Lord;  
 may I reach hea - ven's joys, bright hea - ven's Sun!

thou my best thought, — by day or by night,  
 thou my great Fa - ther; thine own may I be;  
 Heart of my heart, — what - ev - er be - fall,

wak - ing or sleep - ing, thy pres - ence my light.  
 thou in me dwell - ing, and I one with thee.  
 still be my vis - ion, O Ru - ler of all.

*All remain standing as they are able.*

## Holy Gospel

Matthew 11:16-19, 25-30

*Gospeller* The Holy Gospel of our Savior Jesus Christ according to Matthew.

*People* **Glory to you, Lord Christ.**

[Jesus said,] <sup>16</sup>“To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

<sup>17</sup>‘We played the flute for you, and you did not dance;  
 we wailed, and you did not mourn.’

<sup>18</sup>For John came neither eating nor drinking, and they say, ‘He has a demon’; <sup>19</sup>the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

<sup>25</sup>At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; <sup>26</sup>yes, Father, for such was your gracious will. <sup>27</sup>All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

<sup>28</sup>“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. <sup>29</sup>Take my yoke upon you, and learn from me; for



I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup>For my yoke is easy, and my burden is light.”

*Gospeller*        The Gospel of the Lord.  
*People*            **Praise to you, Lord Christ.**

## **Sermon**

Marion VanLoo

*All stand as they are able.*

## **Nicene Creed**

*Presider* Let us affirm the faith of the Church using the words of the Nicene Creed.

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father [and the Son],  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*All remain standing as they are able.*

## **Prayers of the People**

*Presider* Sisters and brothers, children of God, thanks be to the Holy One, through Jesus Christ our Lord! With grateful hearts we pray to our Loving God, saying, “We thank you, Father; you hear the voice of your beloved.”

*Intercessor* Loving God, you call your Church “my love” and “my beauty.” Look upon your Church with eyes of great compassion and love. May we generously share the love with which we have been so greatly blessed. We thank you, Father; **you hear the voice of your beloved.**

*Silence is kept*

Loving God, you have blessed our nation with great freedoms. Grant us, and all the people of this land, the grace to maintain our liberties in righteousness and peace. We thank you, Father; **you hear the voice of your beloved.**

*Silence is kept*

Loving God, all that you have created tells of your love for us. May flowers and birds, but even more so our human relationships, remind us of your great care and presence. We thank you for each and every blessing [especially\_\_\_\_\_]. We thank you, Father; **you hear the voice of your beloved.**

*Silence is kept*

Loving God, you promise to give rest to all those who carry heavy burdens. Lift up those who are weighed down by the burdens of violence, depression, and despair [especially\_\_\_\_\_]. We thank you, Father; **you hear the voice of your beloved.**

*Silence is kept*

Loving God, your Son Jesus revealed your heart to be gentle and humble. We pray for those who have restless souls. Comfort those who feel forgotten. Give peace to those who are perplexed and grieving [especially\_\_\_\_\_]. We pray that all the sorrowful and the suffering may find their rest in you. We thank you, Father; **you hear the voice of your beloved.**

*Silence is kept*

Loving God, you rescue us from death. We pray for all who have died, [especially\_\_\_\_\_] and those who strove for freedom and peace. May we come to know the heavenly comfort that you have prepared us. We thank you, Father; **you hear the voice of your beloved.**

*Silence is kept*

*Presider* For what other people and situations shall we pray today?

Remember, O Lord, what you have wrought in us, and not what we deserve. As you have called us to your service, make us worthy of our calling; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## **Confession of Sin**

*The Presider says to the people*

Let us confess our sins to God.

*All remain standing, or kneel, as they are able.*

*Silence may be kept.*

*Minister and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*A Priest stands and says*

Almighty God have mercy on you, + forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*All then stand as they are able.*

## **Peace**

*Presider* The peace of Christ be always with you.

*People* **And also with you.**

*Then the Ministers and the People may greet one another in the name of the Lord.*

*The People then are seated.*



## Announcements

## Holy Communion

*Presider* Through Christ, let us continually offer to God the sacrifice of praise; that is, the fruit of lips that acknowledge his Name. But do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. *Hebrews 13:15, 16*

*The people stand as they are able when the offerings are presented and placed on the Altar.*

### Offertory Hymn

### Doxology

**Praise God, from Whom all blessings flow;  
Praise God, all creatures here below;  
Praise God above, you heav'nly host;  
Praise Father, Son, and Holy Ghost.**

*The people remain standing as they are able*

### Great Thanksgiving

*Presider* The Lord be with you.  
*People* **And also with you.**  
*Presider* Lift up your hearts.  
*People* **We lift them to the Lord.**  
*Presider* Let us give thanks to the Lord our God.  
*People* **It is right to give our thanks and praise.**

*The Presider proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever proclaim the glory of your Name:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is the one who comes in the name of the Lord.  
Hosanna in the highest.**

*The Presider continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,  
**We remember his death,**  
**We proclaim his resurrection,**  
**We await his coming in glory;**

*The Presider continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your + Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant.

Unite us + to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Barnabas, Benedict, and all your saints, we may enter the everlasting heritage of your daughters and sons; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

*The Presider then continues*

As our Savior Christ has taught us, we are bold to say:

**Our Father, who art in heaven,**  
**hallowed be thy Name,**  
**thy kingdom come,**  
**thy will be done,**  
**on earth as it is in heaven.**

**Give us this day our daily bread.  
 And forgive us our trespasses,  
 as we forgive those  
 who trespass against us.  
 And lead us not into temptation,  
 but deliver us from evil.  
 For thine is the kingdom,  
 and the power, and the glory,  
 for ever and ever. Amen.**

## **Breaking of the Bread**

*A period of silence is kept.*

*The Presider says*

God of promise, you have prepared a banquet for us.  
**Happy are those who are called to the Supper of the Lamb.**

The Gifts of God for the People of God.

*All are welcome to receive Holy Communion.*

*Remaining seated, the following is sung after the table has been cleared.*

## **Communion Hymn**

**LEVAS 137**

*Just as I am*

1. Just as I am, without one plea, But  
 1. that thy blood was shed for me,

1. And that thou bidd'st me come to thee, O  
Lamb of God, I come, I come.

*The Presider then says*

Let us pray.

*Presider and People*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

## **Blessing**

*A priest blesses the people, saying*

May the blessing of God Almighty, + the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

**Closing Hymn**  
*The trees of the field*

**Chorus Book 169**

Em B7 Em B7 Em D7/F#

You shall go out with joy and be led forth with peace; the

G C/G G D/F# D B/D#

moun-tains and the hills will break forth be-fore you; there'll be

Em B7 Em B7 Em

shouts of joy, and all the trees of the field will

B/F# F#m Em/G B7 Em (hand claps) D7 G

clap, will clap their hands. And all the trees of the

B/F# F#m Em/G B7 Em (hand claps) D7 G

clap, will clap their hands. And all the trees of the

G D7 G C/G G

clap their hands, the trees of the field will

D B/F# F#m Em/B B7 Em

clap their hands while you go out with joy.

## Dismissal

*Minister* We are not sent forth into a world where Christ is absent. It is God's world, and in it Christ awaits us. We go forth to seek and serve Christ in all persons, loving our neighbors as ourselves. We go forth to strive for justice and peace among all people, respecting the dignity of every human being.

*People* **Thanks be to God. Alleluia, alleluia!**

## Postlude

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### This week in prayer

**Please remember these persons and congregations in your prayers this week:**

**Our Bishops** Bonnie, Michael, Justin, Moises (TEC); Elizabeth, Donald and Craig (ELCA)  
**and for** all priests, deacons, Ministry Teams, and those in formation

**Anglican Cycle of Prayer:**

July 9 The Anglican Church of Burundi

**Diocese of Michigan Cycle of Prayer:**

July 9 Holy Faith, Saline; St Simon's, San Marcos, St Titus', Jimani, DR

**St Barnabas Cycle of Prayer:** Stephanie, Eric, Bonnie, Sage

**and our continuing prayers for:** Bob, Carlos, Robert, Selenah, Jim M, Mardi

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**Faith in Action** continues to provide leadership in collecting donations of food to support households in need in the Chelsea and Dexter areas. They are in need of our support and help. You may bring your donations to FIA, or to [Nancy](#) who will see that they get there. **If you bring**

**food directly to FIA**, please let Nancy know, so she can continue to keep our records of donation. If you write a check, please make it to *Faith In Action*. The **next Food Drive is July 16**. Please contribute as generously as you can.

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### Upcoming Commemorations

- July 11 Benedict of Nursia, Monastic, c.543
- 12 Nathan Söderblom: Archbishop of Uppsala and Ecumenist, 1931
- 13 Conrad Weiser: Witness to Peace and Reconciliation, 1760
- 14 Samson Occom: Witness to the faith in New England, 1792; and, Argula von Grumbach, Scholar & Church Reformer, c.1554

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### Explore the Way of Love: REST

When the scriptures tell us that we should love others as we love ourselves, there is an underlying message that we are allowed to love ourselves. The Way of Love recognizes that one way to love ourselves and to maintain ourselves as useful instruments of God is through the practice of rest.

As Jesus tells us in the Gospel of Matthew, “Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

Part of the work of a Christian is to take time to put the work aside and be restored. After God created the heavens and the earth and everything in them, God rested. In doing so, God created a sacred pattern of work and rest, realizing that making dedicated time – to allow our minds to unwind, for our souls to be comforted and healed, for our bodies to be rejuvenated – ensures we can continue in this divine stream.



Rest is a gift and we are allowed to take it.

Rest gives rhythm to our lives; just as it is the end of one endeavor, so it is the beginning of another. There is no greater reward for those whose labor never ceases than for those who do what they can and rest to come back refreshed to do the work another day.

Rest is not only a blessing to us but a blessing to God, as we demonstrate our faith that God is the primary actor, maker of heaven and earth. And as children of God, we are encouraged to trust that all of creation is held in God’s hand.

Are you willing to submit to the practices that will restore your body, mind, and soul? Will you join with others to encourage one another to observe the regular practice of rest?

Learn more about the Way of Love at [episcopalchurch.org/wayoflove](http://episcopalchurch.org/wayoflove). You can find suggestions on getting started and going deeper with Resting at [iam.ec/ewol](http://iam.ec/ewol).

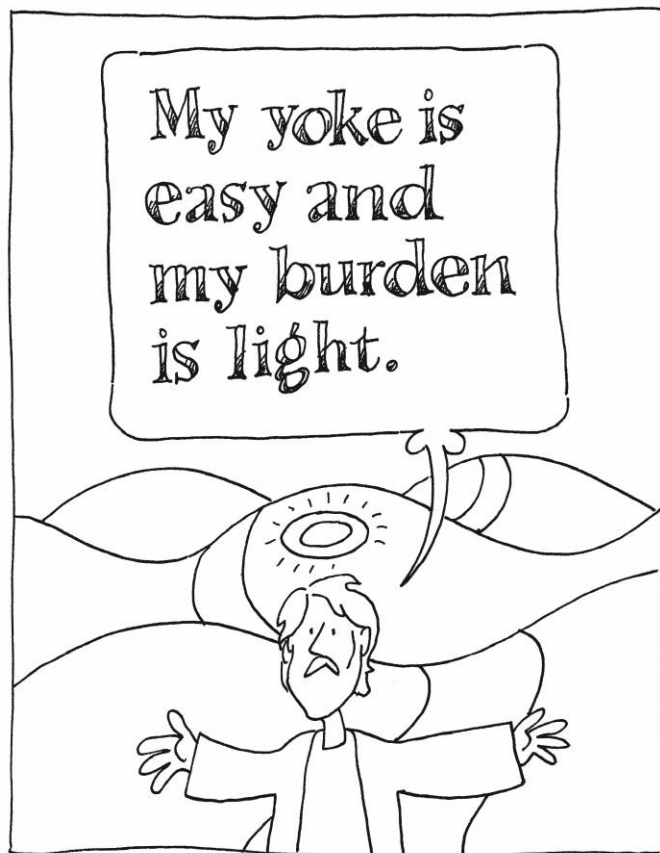
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**Our Mission:**

We seek to grow as diverse disciples of Jesus Christ, and to serve Jesus by serving others in the world, guided by the values of Ancient Rites, Open Minds, and Affirming Hearts.



**St Barnabas Episcopal Church**

20500 W Old US-12  
Chelsea MI 48118  
[stbarnabaschelsea.org](http://stbarnabaschelsea.org)