

# Holy Eucharist

March 19, 2023

Zoom link:

<https://us02web.zoom.us/j/85887946777?pwd=eig4MEdsMUh6clV6b2dUblFOQ3I2Zz09>

## The Fourth Sunday in Lent Year A

Meeting ID: 858 8794 6777

Passcode: 782611

### Prelude

*At the sound of the bells, all stand as they are able for the Entrance of the Ministers into the church.*

### A Penitential Order

#### Opening Hymn

Hymnal 493

*O for a thousand tongues to sing*

1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,  
4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,  
5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;

1 the glo - ries of my God and King, the tri - umphs of his grace!  
4 the mourn - ful bro - ken hearts re - joice, the hum - ble poor be - lieve.  
5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love  
be now and ever given  
by saints below and saints above,  
the Church in earth and heayen.

*Presider* Bless the Lord who forgives all our sins.  
*People* **God's mercy endures for ever.**

*The people kneel as they are able.*

## **The Decalogue: the Ten Commandments**

Hear the commandments of God to God's people:  
I am the Lord your God who brought you out of bondage.  
You shall have no other gods but me.

**Amen. Lord have mercy.**

You shall not make for yourself any idol.

**Amen. Lord have mercy.**

You shall not invoke with malice the Name of the Lord your God.

**Amen. Lord have mercy.**

Remember the Sabbath Day and keep it holy.

**Amen. Lord have mercy.**

Honor your father and your mother.

**Amen. Lord have mercy.**

You shall not commit murder.

**Amen. Lord have mercy.**

You shall not commit adultery.

**Amen. Lord have mercy.**

You shall not steal.

**Amen. Lord have mercy.**

You shall not be a false witness.

**Amen. Lord have mercy.**

You shall not covet anything that belongs to your neighbor.

**Amen. Lord have mercy.**

## **Confession of Sin**

*The People remaining kneeling as they are able, the Presider says*

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

*Mark 12:29-31*

Let us confess our sins against God and our neighbor.

*Silence is kept for a time*

God of all mercy,  
**we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.**

*The Presider stands and says*

Almighty God have mercy on you, † forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*All stand as they are able*

**Kyrie Eleison**

**Hymnal S-91**

*Lord have mercy*

Lord, have mer - cy up - on us. Lord, have mer - cy up -  
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Lord, have mer - cy up - on us.  
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

**Collect of the Day**

<i>Presider</i>	God be with you.
<i>People</i>	<b>And also with you.</b>
<i>Presider</i>	Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*All sit.*

## **First Reading**

1 Samuel 16:1-13

A reading from the first book of the prophet Samuel.

<sup>1</sup>The LORD said to Samuel, “How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons.” <sup>2</sup>Samuel said, “How can I go? If Saul hears of it, he will kill me.” And the LORD said, “Take a heifer with you, and say, ‘I have come to sacrifice to the LORD.’ <sup>3</sup>Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you.” <sup>4</sup>Samuel did what the LORD commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, “Do you come peaceably?” <sup>5</sup>He said, “Peaceably; I have come to sacrifice to the LORD; sanctify yourselves and come with me to the sacrifice.” And he sanctified Jesse and his sons and invited them to the sacrifice.

<sup>6</sup>When they came, he looked on Eliab and thought, “Surely the LORD’s anointed is now before the LORD.” <sup>7</sup>But the LORD said to Samuel, “Do not look on his appearance or on the height of his stature, because I have rejected him; for the LORD does not see as mortals see; they look on the outward appearance, but the LORD looks on the heart.” <sup>8</sup>Then Jesse called Abinadab, and made him pass before Samuel. He said, “Neither has the LORD chosen this one.” <sup>9</sup>Then Jesse made Shammah pass by. And he said, “Neither has the LORD chosen this one.” <sup>10</sup>Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, “The LORD has not chosen any of these.” <sup>11</sup>Samuel said to Jesse, “Are all your sons here?” And he said, “There remains yet the youngest, but he is keeping the sheep.” And Samuel said to Jesse, “Send and bring him; for we will not sit down until he comes here.” <sup>12</sup>He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The LORD said, “Rise and anoint him; for this is the one.” <sup>13</sup>Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the LORD came mightily upon David from that day forward. Samuel then set out and went to Ramah.

*Reader* Hear what the Spirit is saying to God’s people.

*People* **Thanks be to God.**

*Remain seated.*

## **Psalm 23**

*to be prayed in unison*

<sup>1</sup>The LORD is my shepherd; \*

I shall not be in want.

<sup>2</sup>He makes me lie down in green pastures \*

and leads me beside still waters.

<sup>3</sup>He revives my soul \*

and guides me along right pathways for his Name’s sake.

<sup>4</sup>Though I walk through the valley of the shadow of death,

I shall fear no evil; \*  
 for you are with me;  
 your rod and your staff, they comfort me.  
<sup>5</sup>You spread a table before me in the presence of those who trouble me; \*  
 you have anointed my head with oil,  
 and my cup is running over.  
<sup>6</sup>Surely your goodness and mercy shall follow me all the days of my life, \*  
 and I will dwell in the house of the LORD forever.

## Second Reading

Ephesians 5:8-14

A reading from the Letter of Paul to the Ephesians.

<sup>8</sup>Once you were darkness, but now in the Lord you are light. Live as children of light—<sup>9</sup>for the fruit of the light is found in all that is good and right and true. <sup>10</sup>Try to find out what is pleasing to the Lord. <sup>11</sup>Take no part in the unfruitful works of darkness, but instead expose them. <sup>12</sup>For it is shameful even to mention what such people do secretly; <sup>13</sup>but everything exposed by the light becomes visible, <sup>14</sup>for everything that becomes visible is light. Therefore it says,  
 “Sleeper, awake!  
 Rise from the dead,  
 and Christ will shine on you.”

*Reader* Hear what the Spirit is saying to the Churches.  
*People* **Thanks be to God.**

*All stand as they are able.*

## Sequence Hymn

Hymnal 209

*We walk by faith*

1 We walk by faith, and not by sight; no  
 3 Help then, O Lord, our unbelief; and  
 4 that, when our life of faith is done, in

gra-cious words we hear from him who spoke as  
 may our faith abound, to call on you when  
 realms of clearer light we may behold you



*All remain standing as they are able.*

## Holy Gospel

John 9:1-41

*Gospeller* The Holy Gospel of our Savior Jesus Christ according to John.

*People* **Glory to you, Lord Christ.**

<sup>1</sup>As [Jesus] walked along, he saw a man blind from birth. <sup>2</sup>His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” <sup>3</sup>Jesus answered, “Neither this man nor his parents sinned; he was born blind so that God’s works might be revealed in him. <sup>4</sup>We must work the works of him who sent me while it is day; night is coming when no one can work. <sup>5</sup>As long as I am in the world, I am the light of the world.” <sup>6</sup>When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man’s eyes, <sup>7</sup>saying to him, “Go, wash in the pool of Siloam” (which means Sent). Then he went and washed and came back able to see. <sup>8</sup>The neighbors and those who had seen him before as a beggar began to ask, “Is this not the man who used to sit and beg?” <sup>9</sup>Some were saying, “It is he.” Others were saying, “No, but it is someone like him.” He kept saying, “I am the man.” <sup>10</sup>But they kept asking him, “Then how were your eyes opened?” <sup>11</sup>He answered, “The man called Jesus made mud, spread it on my eyes, and said to me, ‘Go to Siloam and wash.’ Then I went and washed and received my sight.” <sup>12</sup>They said to him, “Where is he?” He said, “I do not know.”



<sup>13</sup>They brought to the Pharisees the man who had formerly been blind. <sup>14</sup>Now it was a sabbath day when Jesus made the mud and opened his eyes. <sup>15</sup>Then the Pharisees also began to ask him how he had received his sight. He said to them, “He put mud on my eyes. Then I washed, and now I see.” <sup>16</sup>Some of the Pharisees said, “This man is not from God, for he does not observe the sabbath.” But others said, “How can a man who is a sinner perform such signs?” And they were divided. <sup>17</sup>So they said again to the blind man, “What do you say about him? It was your eyes he opened.” He said, “He is a prophet.”

<sup>18</sup>The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight <sup>19</sup>and asked them, “Is this your son, who you say was born blind? How then does he now see?” <sup>20</sup>His parents answered, “We know that this is our son, and that he was born blind; <sup>21</sup>but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself.” <sup>22</sup>His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. <sup>23</sup>Therefore his parents said, “He is of age; ask him.”

<sup>24</sup>So for the second time they called the man who had been blind, and they said to him, “Give glory to God! We know that this man is a sinner.” <sup>25</sup>He answered, “I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see.” <sup>26</sup>They said to him, “What did he do to you? How did he open your eyes?” <sup>27</sup>He answered them, “I have told you already, and you would not listen. Why

do you want to hear it again? Do you also want to become his disciples?”<sup>28</sup> Then they reviled him, saying, “You are his disciple, but we are disciples of Moses.”<sup>29</sup> We know that God has spoken to Moses, but as for this man, we do not know where he comes from.”<sup>30</sup> The man answered, “Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes.”<sup>31</sup> We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will.<sup>32</sup> Never since the world began has it been heard that anyone opened the eyes of a person born blind.<sup>33</sup> If this man were not from God, he could do nothing.”<sup>34</sup> They answered him, “You were born entirely in sins, and are you trying to teach us?” And they drove him out.

<sup>35</sup> Jesus heard that they had driven him out, and when he found him, he said, “Do you believe in the Son of Man?”<sup>36</sup> He answered, “And who is he, sir? Tell me, so that I may believe in him.”<sup>37</sup> Jesus said to him, “You have seen him, and the one speaking with you is he.”<sup>38</sup> He said, “Lord, I believe.” And he worshiped him.<sup>39</sup> Jesus said, “I came into this world for judgment so that those who do not see may see, and those who do see may become blind.”<sup>40</sup> Some of the Pharisees near him heard this and said to him, “Surely we are not blind, are we?”<sup>41</sup> Jesus said to them, “If you were blind, you would not have sin. But now that you say, ‘We see,’ your sin remains.”

*Gospeller* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

*All sit.*

## **Sermon**

*All stand as they are able.*

## **Nicene Creed**

*Presider* Let us affirm the faith of the Church using the words of the Nicene Creed.

**We believe in one God,**

**the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,**

**the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,**

**of one Being with the Father;  
through him all things were made.**

**For us and for our salvation**

**he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,**

**and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father [and the Son],  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*All remain standing as they are able.*

## **Prayers of the People**

*Presider* Sisters and brothers, children of God, as a sign of our obedience, let us bend the knee of our hearts, and make an offering of prayer and thanksgiving to God, as we respond, “Kyrie eleison.”

*Intercessor* Bless all the people of St Barnabas in their many ministries. We pray that Christians throughout the world who are being persecuted for being followers of Christ may be protected by the strong armor of faith, and sustained by the fervent prayers of all the baptized; let us pray. **Kyrie eleison.**

*Silence is kept.*

That the work of God may be made visible through our weaknesses and shortcomings, bearing witness to others of the power of the Holy Spirit to overcome the heartache, sickness, and despair that visits every human heart; let us pray. **Kyrie eleison.**

*Silence is kept.*

That we who celebrate this Eucharistic Meal, though we may be physically apart, may receive the mercy of the Lamb, who shares our burdens, removes our sin, and restores us to the company of the faithful; let us pray. **Kyrie eleison.**

*Silence is kept.*

For all who are preparing for Holy Week and the Great Paschal Feast of Easter, especially musicians, altar guilds, church staff, and clergy, that their efforts may inspire our participation; let us pray. **Kyrie eleison.**

*Silence is kept.*

Lord, your eyes are never blind to your people. We thank you for your mindfulness of us and our community. We thank you for all the blessings of this life [especially\_\_\_\_\_]. Be our help and our safety.

*Silence is kept.*



Knowing that Jesus came to give sight to those who do not see, to show us that he is the Messiah, help us to proclaim by word and example the Good News of God in Christ, let us join in praying today for the sick and the troubled [especially\_\_\_\_\_].

Lord, we pray for the dying and the dead [especially\_\_\_\_\_]. We pray in the assurance that all have been reconciled to you through the death of your Son and saved by his new life. Let us pray. **Kyrie eleison.**

*Silence is kept.*

*Presider* For what other people or situations shall we pray today?

O God, by your Word you marvelously carry out the work of reconciliation: Grant that in our Lenten fast we may be devoted to you with all our hearts, and united with one another in prayer and holy love; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## **Peace**

*Priest* The peace of the Lord be always with you.

*People* **And also with you.**

*The Ministers and the People then greet one another in the name of the Lord.*

*The People then are seated.*

## **Announcements**

## **Holy Communion**

*Presider* If you are offering your gift at the altar, and there remember that your brother has something against you, leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift. *Matthew 5:23, 24*

*Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the Presider.*

*The people stand as they are able when the offerings are presented and placed on the Altar.*

## **Offertory Hymn**

## **Doxology**

**Praise God, from Whom all blessings flow;  
Praise God, all creatures here below;  
Praise God above, you heav'nly host;  
Praise Father, Son, and Holy Ghost.**

*The people remain standing as they are able*

# Great Thanksgiving

*Presider* The Lord be with you.  
*People* **And also with you.**  
*Presider* Lift up your hearts.  
*People* **We lift them to the Lord.**  
*Presider* Let us give thanks to the Lord our God.  
*People* **It is right to give our thanks and praise.**

*The Presider proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## Sanctus: *Holy, holy, holy*

**S-130**

The musical score is written for a two-part setting (Soprano and Bass) in a key with two flats (B-flat and E-flat) and a common time signature. It consists of three systems of music. Each system has a vocal line and a piano accompaniment line. The lyrics are: "Ho - ly, ho - ly, ho - ly Lord, God of power and might, Ho - ly, ho - ly, ho - ly Lord, God of power and might, hea - ven and earth are". The score includes various musical notations such as notes, rests, and slurs.

full, full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na  
in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na  
in the high - est. Ho - san - na in the high - est.

*The Presider continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

*Presider and People*

Therefore we proclaim the mystery of faith:

**Christ has died; Christ is risen; Christ will come again.**

*The Presider continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them + by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us + also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

*The Presider then continues*

And now, as our Savior Christ has taught us, we are bold to say,

*People and Presider*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

**Breaking of the Bread**

*A period of silence is kept.*

*Presider* Christ our Passover is sacrificed for us;  
*People* **therefore let us keep the feast.**

**Fraction Anthem**  
*Jesus, Lamb of God*

**Hymnal S-164**

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

*The Presider then says*

Lord our God, give us the grace to remember that we are all one body, because we all share in Christ's love and life. For all of us who cannot gather at this altar today, may we remember that we are fully beloved, that God dwells in each of our hearts. For those of us who are present at this altar,

may we remember that we are connected far beyond this time and place with all those who pray.

God's holy gifts, for God's holy people.

*All are welcome to receive Holy Communion.*

*When all have received, and the Table is cleared, the Presider then says*

Let us pray.

*Presider and People*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

## Blessing

*A priest blesses the people, saying*

As our arms grown stronger, Lord, make our hearts deeper.  
As our world grows smaller, Lord, make our hearts larger.  
As our neighbor grows colder, Lord, make our hearts softer.  
May we be men and women who make beloved community,  
with songs of love and grace, through Christ our Lord.

And the blessing of God Almighty, † the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

## Closing Hymn

*Grace alone*

**Chorus Book 93**

*Unison*

1 Ev - ery prom - ise we can make, ev - ery prayer and  
2 Ev - ery soul we long to reach, ev - ery heart we

F G Am G/F F C/E F

step of faith; ev - ery dif - ference we will make  
hope to teach; ev - ery - where we share his peace

Dm7 Gsus G C Dm7 C/E Am

is on - ly by his grace. Ev - ery moun - tain  
is on - ly by his grace. Ev - ery lov - ing

C/G G/F C Dm7 C/E Cmaj7/E F G

we will climb, ev - ery ray of hope we shine;  
word we say, ev - ery tear we wipe a - way;

Am G/F F C/E F Dm7 Gsus G7

ev - ery bless - ing left be - hind is on - ly by his  
ev - ery sor - row turned to praise is on - ly by his

*Refrain*  
C C/E F G/B C C/E

grace.  
grace. Grace a - lone which God sup - plies; strength un -

known he will provide. Christ in us, our corner-

stone, we will go forth in grace alone.

**Dismissal**

*Minister* My sisters and my brothers, in joy let us go forth in the name of Christ.  
*People* **Thanks be to God.**

**Postlude**

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**This week in prayer**

Please remember these persons and congregations in your prayers this week:

**Our Bishops** Bonnie, Michael, Justin, Moises (TEC); Elizabeth, Donald and Craig (ELCA)  
**and for** all priests, deacons, Ministry Teams, and those in formation

**Anglican Cycle of Prayer:**

March 19 The Anglican Church of Southern Africa

**Diocese of Michigan Cycle of Prayer:**

March 19 St Luke's, Ypsilanti; St Matthew's, Jalongo, St Thomas', Gautier, Dominican Republic

**St Barnabas Cycle of Prayer:** Stephanie, Eric, Bonnie, Sage

**and our continuing prayers for:** Carlos, Robert, Selenah

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**Faith in Action** provides leadership in collecting donations of food to support households in need in the Chelsea and Dexter areas. **The most recent most-needed items** are: baked beans, coffee, hamburger (or other) helper, spaghetti sauce, cereal, 64-oz fruit juices, crackers, and laundry soap. **If you bring food directly to FIA**, please let [Nancy](#) know, so she can continue to keep our records of



donation. If you write a check, please make it to *Faith In Action*, with “St Barnabas” on the memo line. The ***Food In-Gathering is TODAY, March 19, 2023.*** Please contribute as generously as you can.

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### Upcoming Commemorations

- March 19 Joseph, Spouse of the Blessed Virgin Mary
- 20 Cuthbert, Bishop of Lindisfarne, 687
- 21 Thomas Ken, Bishop of Bath and Wells, 1711
- 22 James De Koven, Priest, 1879
- 23 Gregory the Illuminator, Bishop & Missionary to Armenia, c. 332
- 24 Oscar Romero, Archbishop, 1980, and the Martyrs of El Salvador
- 25 The Annunciation of Our Lord Jesus Christ to the Blessed Virgin Mary

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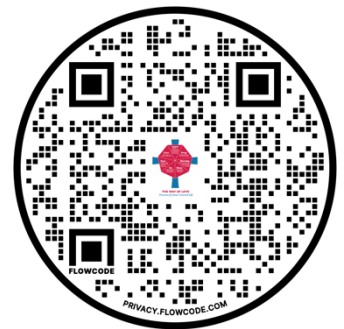
**Compline for Lent** will be offered at 7:00 pm on the Wednesdays of the season: March 22,29 via [Zoom](#). **If you would be willing** to serve one of two remaining services as the People's Respondent, please let [Amma Marion](#) know ASAP.  
**Link:** <<https://us02web.zoom.us/j/84705384925?pwd=eHgyRO9ET29xboxvSWcvbllPbmN6dz09>>  
**Meeting ID: 847 0538 4925** **Passcode: 271318**

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**March 19, 2023 – Lent 4A**  
**Week 4: Life Transformed – The Way of Love in Lent**

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) or by scanning the QR code to the right.



**Week 4**  
**Sunday, March 19**

*Today's Practice:* Watch the Rev. Dr. Hillary Raining's video at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) for Week 4. The topic is based on the practice "Bless" and is titled, "A New Heart and a New Spirit".

*Read:* Ezekiel 36:24-28

**Monday, March 20**

*Today's Prompt:* What challenges are you facing today?

*Read:* "And you will have confidence, because there is hope; you will be protected and take your rest in safety." - Job 11:18

**Tuesday, March 21**

*Today's Prompt:* Where do you find joy and passion?

*Read:* "They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?'" - Luke 24:32

**Wednesday, March 22**

*Today's Prompt:* What can you say "no" to so you can say "yes" to prayer, rest and joy?

*Read:* "Six days shall work be done; but the seventh day is a sabbath of complete rest, a holy convocation; you shall do no work: it is a sabbath to the Lord throughout your settlements." - Lev. 23:3

**Thursday, March 23**

*Today's Prompt:* Practice *lectio divina* with this scripture.

*Read:* Luke 15:17-24

**Friday, March 24**

*Today's Prompt:* Create a prayer representing how you seek to serve God and follow Jesus.

*Read:* "No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house." - Matt. 5:15

**Saturday, March 25**

*Today's Prompt:* How do others experience the love of Christ through you?

*Read:* "By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things." - Gal. 5:22-23

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**Lenten Blessing** written by Ann Weems, from *Morning Worship for the Fourth Sunday in Lent*, April 1, 1984. Trinity Presbyterian Church, University City MO.

## **Our Mission:**

We seek to grow as diverse disciples of Jesus Christ, and to serve Jesus by serving others in the world, guided by the values of Ancient Rites, Open Minds, and Affirming Hearts.



## **St Barnabas Episcopal Church**

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