Holy Eucharist

The Third Sunday in Lent

March 12, 2023

Zoom link:

https://uso2web.zoom.us/j/85887 946777?pwd=ei94MEdsMUh6clV6

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Meeting ID: 858 8794 6777

Passcode: 782611

Prelude

Year A

Opening Hymn

Eternal Lord of love, behold your Church

Hymnal 149





Presider

Bless the Lord who forgives all our sins.

People

God's mercy endures for ever.

 ${\it The people kneel as they are able.}$

The Decalogue: the Ten Commandments

Hear the commandments of God to God's people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath Day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor. **Amen. Lord have mercy.**

Confession of Sin

The People remaining kneeling as they are able, the Presider says

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

Mark 12:29-31

Let us confess our sins against God and our neighbor.

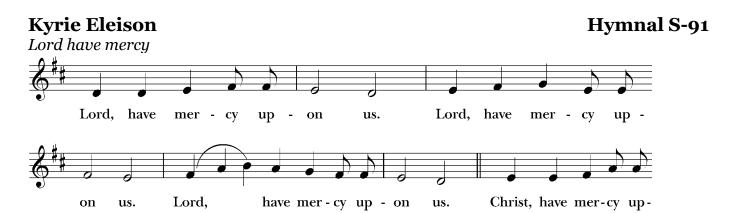
Silence is kept for a time

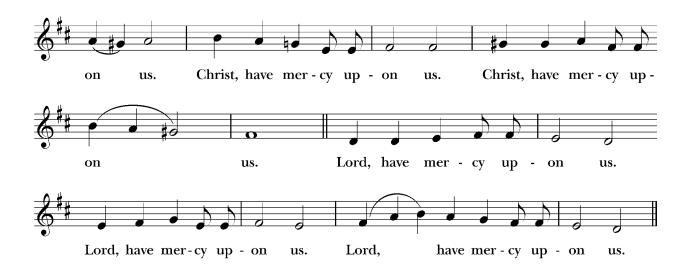
God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

The Presider stands and says

Almighty God have mercy on you, + forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

All stand as they are able





Collect of the Day

Presider God be with you.
People And also with you.

Presider Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**.

All sit.

First Reading Exodus 17:1-7

A Reading from the book of Exodus.

¹From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. ²The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" ³But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" ⁴So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." ⁵The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. ⁷He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Remain seated.

Psalm 95

to be prayed in unison

1 Come, let us sing to the Holy One; *
let us shout for joy to the Rock of our salvation.
2 Let us come before God's presence with thanksgiving *
and raise a loud shout with psalms.
3 For you, O God, are a great God; *
you are great above all gods.
4 In your hand are the caverns of the earth, *
and the heights of the hills are yours also.
5 The sea is yours, for you made it, *
and your hands have molded the dry land.
6 Come, let us bow down and bend the knee, *
and kneel before God, our Maker,
7 For you are our God, and we are the people of your pasture
and the sheep of your hand. *
Oh, that today we would hearken to your voice!

Second Reading Romans 5:1-11

A Reading from Paul's letter to the Church in Rome.

¹Since we are justified by faith, we have peace with God through our Lord Jesus Christ, ²through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴and endurance produces character, and character produces hope, ⁵and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

⁶For while we were still weak, at the right time Christ died for the ungodly. ⁷Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸But God proves his love for us in that while we still were sinners Christ died for us. ⁹Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader Hear what the Spirit is saying to the Churches.

People Thanks be to God.

All stand as they are able.

Sequence Hymn

Rock of ages, cleft for me

Hymnal 685



All remain standing as they are able.

Holy Gospel John 4:5-42

Gospeller The Holy Gospel of our Savior Jesus Christ according to John.

People Glory to you, Lord Christ.

⁵[Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

⁷A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." ⁸(His disciples had gone to the city to buy food.) ⁹The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) ¹⁰Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." ¹¹The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? ¹²Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" ¹³Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." ¹⁵The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

¹⁶Jesus said to her, "Go, call your husband, and come back." ¹⁷The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; ¹⁸for you have had five husbands, and the one you have now is not your husband. What you have said is true!" ¹⁹The woman said to him, "Sir, I see that you are a prophet. ²⁰Our ancestors worshiped on this mountain, but you say that the place where people must worship is

in Jerusalem." ²¹Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²²You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴God is spirit, and those who worship him must worship in spirit and truth." ²⁵The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." ²⁶Jesus said to her,

²⁷Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" ²⁸Then the woman left her water jar and went back to the city. She said to the people, ²⁹"Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" ³⁰They left the city and were on their way to him.

³¹Meanwhile the disciples were urging him, "Rabbi, eat something." ³²But he said to them, "I have food to eat that you do not know about." ³³So the disciples said to one

another, "Surely no one has brought him something to eat?" ³⁴Jesus said to them, "My food is to do the will of him who sent me and to complete his work. ³⁵Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷For here the saying holds true, 'One sows and another reaps.' ³⁸I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

³⁹Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." ⁴⁰So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. ⁴¹And many more believed because of his word. ⁴²They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Gospeller The Gospel of the Lord.

People Praise to you, Lord Christ.

"I am he, the one who is speaking to you."

All sit.

Sermon

All stand as they are able.

Nicene Creed

Presider Let us affirm the faith of the Church using the words of the Nicene Creed.

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,

was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures: he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father [and the Son], who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead,

and the life of the world to come. Amen.

All remain standing as they are able.

Prayers of the People

Presider Sisters and brothers, children of God, Come, let us bow down, and bend the knee, and kneel before the Lord our Maker. With thankful hearts, let us pray to the Lord saying, "Great God and King, hear our prayer."

Intercessor Bless all the people of St Barnabas in their many ministries. Lord, give us eyes to see that the fields are ripe for harvesting. May the Church reap what has been sown by our forebears and sow the seeds that will bring forth the fruit of the future. Great God and King, **hear our prayer.**

Silence is kept.

Lord, reveal the strength of your love to those around the world who are asking, "Is the Lord among us or not?" We pray for comfort and peace for all people. Great God and King, **hear our prayer.**

Silence is kept.

Lord, you hold the caverns of the earth and the heights of the hills; your hands have formed the seas and the dry land. Bless and keep your creation. Great God and King, **hear our prayer.**

Silence is kept.

Lord, where there is suffering in our city, produce endurance; where there is endurance, produce character; where there is character, produce hope. And where we place our hope in you, let us not be disappointed. Great God and King, **hear our prayer.**

Silence is kept.

Lord, your eyes never close on your people. We thank you for your mindfulness of us and our community. We thank you for all the blessings of this life [especially]. Be our help and our safety.
Silence is kept.
Lord, we pray for those who are sick or suffering [especially]. Give them that living water that comes only through your Son Jesus Christ, that their needs may be met and all their thirsts quenched.
Lord, we pray for the dying and the dead [especially]. We pray in the assurance that all have been reconciled to you through the death of your Son and saved by his new life. Lord, bless us, so that we may bless others.
Silence is kept.
Presider For what other people or situations shall we pray today?

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Peace

Priest The peace of the Lord be always with you.

People And also with you.

The Ministers and the People then greet one another in the name of the Lord.

The People then are seated.

Announcements

Holy Communion

Presider Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High. *Psalm 50:14*

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the Presider.

The people stand as they are able when the offerings are presented and placed on the Altar.

Offertory Hymn Doxology

Praise God, from Whom all blessings flow; Praise God, all creatures here below;

Praise God above, you heav'nly host; Praise Father, Son, and Holy Ghost.

The people remain standing as they are able

Great Thanksgiving

Presider The Lord be with you.
People And also with you.
Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

The Presider proceeds

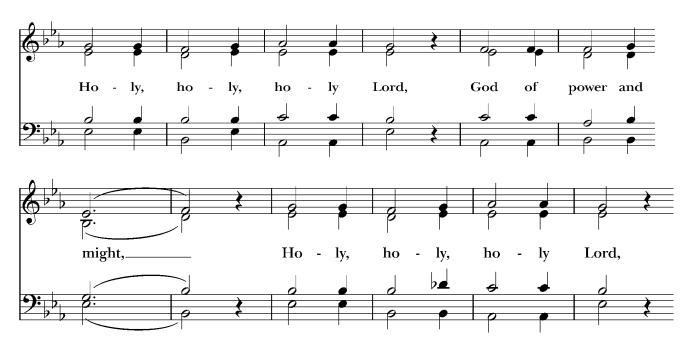
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus: Holy, holy, holy

S-130







The Presider continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Presider and People

Therefore we proclaim the mystery of faith:

Christ has died; Christ is risen; Christ will come again.

The Presider continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them + by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us + also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Presider then continues

And now, as our Savior Christ has taught us, we are bold to say,

People and Presider

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

Breaking of the Bread

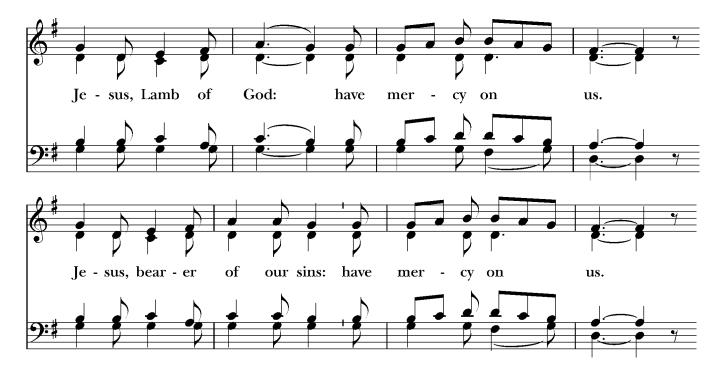
A period of silence is kept.

Presider Christ our Passover is sacrificed for us;
People therefore let us keep the feast.

Fraction Anthem

Jesus, Lamb of God

Hymnal S-164





The Presider then says

Lord our God, give us the grace to remember that we are all one body, because we all share in Christ's love and life. For all of us who cannot gather at this altar today, may we remember that we are fully beloved, that God dwells in each of our hearts.

For those of us who are present at this altar, may we remember that we are connected far beyond this time and place with all those who pray.

God's holy gifts, for God's holy people.

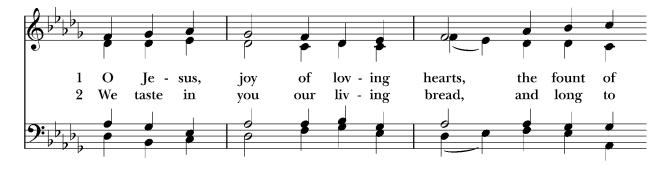
All are welcome to receive Holy Communion.

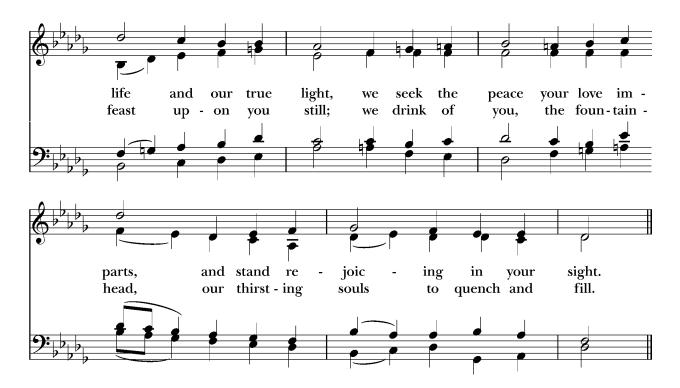
Remaining seated, the following is sung after all have received, and the table is being cleared.

Post-Communion Hymn

O Jesus, joy of loving hearts

Hymnal 649





The Presider then says

Let us pray.

Presider and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Blessing

A priest blesses the people, saying

Look with compassion, O Lord, on your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will.

And the blessing of God Almighty, + the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen**.

Closing Hymn LEVAS 99

On Christ the solid rock I stand





Dismissal

Minister My sisters and my brothers, in joy let us go forth in the name of Christ.

People Thanks be to God.

Postlude

This week in prayer

Please remember these persons and congregations in your prayers this week:

Our Bishops Bonnie, Michael, Justin, Moises (TEC); Elizabeth, Donald and Craig (ELCA) **and for** all priests, deacons, Ministry Teams, and those in formation

Anglican Cycle of Prayer:

March 12 The Church of South India (United)

Diocese of Michigan Cycle of Prayer:

March 12 Christ Church, Pleasant Lake; Good Shepherd, San Pedro, Holy Trinity, Santo Domingo, Dominican Republic

St Barnabas Cycle of Prayer: Alan, Kitty Linda, Scott, Jerry, Amy Nannette **and our continuing prayers for:** Carlos, Robert, Selenah

Faith in Action provides leadership in collecting donations of food to support households in need in the Chelsea and Dexter areas. *The most recent most-needed items* are: baked beans, coffee, hamburger (or other) helper, spaghetti sauce, cereal, 64-oz fruit juices, crackers, and laundry soap. **If you bring food directly to FIA**, please let Nancy know, so she can continue to keep our records of donation. If you write a check, please make it to *Faith In Action*, with "St Barnabas" on the memo line. The **Food In-Gathering** is **next Sunday**, March 19, 2023. Please contribute as generously as you can.

Upcoming Commemorations

- March 12 Gregory the Great, Bishop and Theologian, 604
 - 13 James Theodore Holly, Bishop, 1911
 - Vincent de Paul, Priest; and, Louise de Marillac, Vowed Religious, Workers of Charity, 1660
 - 17 Patrick of Ireland, Bishop and Missionary, 461
 - 18 Cyril of Jerusalem, Bishop and Theologian, 386

Lent is our time of intentional preparation to receive with freshness and renewed vitality, the mystery of the resurrection of Christ. It is during this forty-day period (not including the Sundays) that we contemplate the suffering of Jesus Christ, the suffering that makes the resurrection not only possible, but powerful.

Lent can be enriched for us by taking some time to quiet our hearts and pray. *Compline for Lent* will be offered at 7:00 pm on the Wednesdays of the season: March 15,22,29 via Zoom. If you would like to serve one of these short services as the People's Respondent, please let Amma Marion know.

Link: https://us02web.zoom.us/j/84705384925?pwd=eHgyRo9ET29xboxvSWcvbllPbmN6dz09> Meeting ID: **847 0538 4925** Passcode: **271318**



March 12, 2023 – Lent 3A Week 3: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil

readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at *iam.ec/lifetransformed* or by scanning the QR code to the right.

Week 3

Sunday, March 12

Today's Practice: Watch the Rev. Dr. Hillary Raining's video at iam.ec/lifetransformed for Week 3. The topic is based on the practice "Learn" and is titled, "Learn Wisdom and Live".

Read: Proverbs 8:1-8, 19-21; 9:4b-6

Monday, March 13

Today's Prompt: Where can you seek and serve Christ in someone unlike you?

Read: "And you shall be my people, and I will be your God. Again I will build you, and you shall be built, O virgin Israel! Again you shall take your tambourines, and go forth in the dance of the merrymakers. Again you shall plant vineyards on the mountains of Samaria; the planters shall plant, and shall enjoy the fruit." - Jer. 30:22, 31:4-5

Tuesday, March 14

Today's Prompt: How is the Jesus who walked this earth beckoning you to meet him?

Read: Mark 10:46-52

Wednesday, March 15

Today's Prompt: How can you incorporate rest from technology today?

Read: "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest." - Matt. 11:28

Thursday, March 16

Today's Prompt: Try praying with Anglican prayer beads.

Read: "Then Jesus told them a parable about their need to pray always and not to lose heart." –

Luke 18:1

Friday, March 17

Today's Prompt: In your prayers today, what new words or thoughts touch you?

Read: "Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God." – Phil. 4:6

Saturday, March 18

Today's Prompt: How might you share what brings you great joy with others?

Read: "We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness." - Rom. 12:6-8

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Our Mission:

We seek to grow as diverse disciples of Jesus Christ, and to serve Jesus by serving others in the world, guided by the values of Ancient Rites, Open Minds, and Affirming Hearts.



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