# **Holy Eucharist**

## February 18, 2024

### The First Sunday in Lent, 1B

Zoom link: https://us02web.zoom.us/j/85887946777?pwd=ei94 <u>MEdsMUh6clV6b2dUblFOQ3I2Zzo9</u> Meeting ID: 858 8794 6777 Passcode: 782611

All stand as they are able

### The Great Litany

### II.

From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent.

From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws,

#### Savior deliver us.

From sins of body and mind; from deceits of the world, flesh and the devil,

Savior deliver us.

From famine and disaster; from violence, murder, and dying unprepared,

### Savior deliver us.

In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment, By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

### Savior deliver us.

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

By your agony and trial; by your cross and passion; by your precious death and burial, **Savior deliver us.** 

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

### Savior deliver us.

### III.

Hear our prayers, O Christ our God.

### Hear us, O Christ.

Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations. **Hear us, O Christ.** 

Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

### Hear us, O Christ.

Bring into the way of truth all who have erred and are deceived.

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

### Hear us, O Christ.

IV.

Guide the leaders of the nations into the ways of peace and justice.

Give your wisdom and strength to Joseph, the President of the United States, Gretchen the Governor of this state, that in all things they may do your will, for your glory and the common good.

### Hear us, O Christ.

Give to the Congress of the United States, the members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth.

Bless the justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people.

### Hear us, O Christ.

Give us the will to use the resources of the earth to your glory and for the good of all. Bless and keep all your people,

### Hear us, O Christ.

PresiderBless the Lord who forgives all our sins.PeopleGod's mercy endures forever.

The Presider begins the Collect for Purity

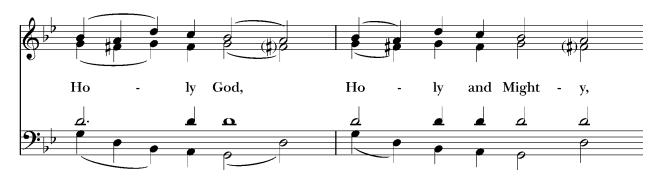
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

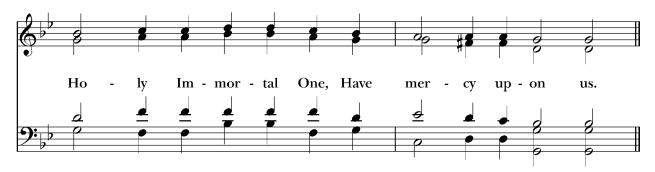
S 102

The following is sung, all standing

### Trisagion: Holy God

sing through 3 times





### **Collect of the Day**

Presider	God be with you.
People	And also with you.
Presider	Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

All sit.

### **First Reading**

Genesis 9:8-17

A Reading from the book of Genesis.

<sup>8</sup>God said to Noah and to his sons with him, <sup>9</sup>"As for me, I am establishing my covenant with you and your descendants after you, <sup>10</sup>and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. <sup>11</sup>I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." <sup>12</sup>God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: <sup>13</sup>I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. <sup>14</sup>When I bring clouds over the earth and the bow is seen in the clouds, <sup>15</sup>I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. <sup>16</sup>When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." <sup>17</sup>God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

ReaderThe Word of the Lord.PeopleThanks be to God.

Remain seated

to be prayed responsively

#### Psalm 25:1-9

<sup>1</sup>To you, O LORD, I lift up my soul; my God, I put my trust in you; \* let me not be humiliated, nor let my enemies triumph over me. <sup>2</sup>Let none who look to you be put to shame; \* let the treacherous be disappointed in their schemes. <sup>3</sup>Show me your ways, O LORD, \* and teach me your paths. 4Lead me in your truth and teach me, \* for you are the God of my salvation: in you have I trusted all the day long. <sup>5</sup>Remember, O LORD, your compassion and love, \* for they are from everlasting. <sup>6</sup>Remember not the sins of my youth and my transgressions; \* remember me according to your love and for the sake of your goodness, O LORD. <sup>7</sup>Gracious and upright is the LORD; \* therefore he teaches sinners in his way. <sup>8</sup>He guides the humble in doing right \* and teaches his way to the lowly. 9All the paths of the LORD are love and faithfulness \* to those who keep his covenant and his testimonies.

### **Second Reading**

1 Peter 3:18-22

A Reading from the First letter of Peter.

<sup>18</sup>Christ suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, <sup>19</sup>in which also he went and made a proclamation to the spirits in prison, <sup>20</sup>who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. <sup>21</sup>And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, <sup>22</sup>who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

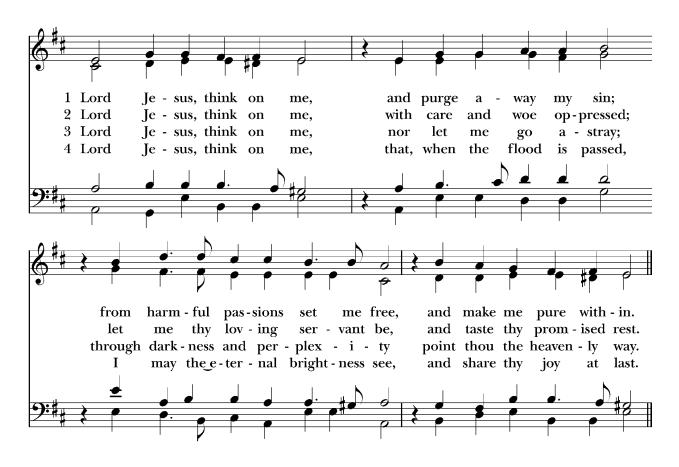
ReaderThe Word of the Lord.PeopleThanks be to God.

All stand as they are able.

### Sequence Hymn

Lord Jesus, think on me

Hymnal 641



### **Holy Gospel**

Mark 1:9-15

GospellerThe Holy Gospel of our Savior Jesus Christ according to Mark.PeopleGlory to you, Lord Christ.

9In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan.

<sup>10</sup>And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. <sup>11</sup>And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

<sup>12</sup>And the Spirit immediately drove him out into the wilderness. <sup>13</sup>He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

<sup>14</sup>Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, <sup>15</sup>and saying, "The time is

fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

GospellerThe Gospel of the Lord.PeoplePraise to you, Lord Christ.



### Sermon

### **Bill Stech**

All then stand as they are able.

### **Nicene Creed**

*Presider* Let us affirm the faith of the Church using the words of the Nicene Creed.

We believe in one God. the Father, the Almighty, maker of heaven and earth. of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God. begotten, not made, of one Being with the Father: through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate: he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father [and the Son], who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

All remain standing as they are able.

### **Confession of Sin**

The Presider says to the people

Let us confess our sins to God.

All remain standing, or kneel, as they are able.

Silence may be kept.

#### Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of our Savior Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

A Priest stands and says

Almighty God have mercy on you, + forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

All then stand as they are able.

### Peace

PresiderThe peace of Christ be always with you.PeopleAnd also with you.

The Ministers and the People may offer God's peace to one another in the name of the Lord.

The People then are seated.

### Announcements

### **Holy Communion**

I appeal to you, brothers and sisters, by the mercies of God, to present yourselves as a living sacrifice, holy and acceptable to God, which is your spiritual worship. *Romans* 12:1

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the Presider.

The people stand while the offerings are presented and placed on the Altar

### **Offertory Hymn**

### Doxology

Praise God, from Whom all blessings flow; Praise God, all creatures here below; Praise God above, you heav'nly host; Praise Father, Son, and Holy Ghost.

The people remain standing as they are able

### **Great Thanksgiving**

Presider	The Lord be with you.
People	And also with you.
Presider	Lift up your hearts.
People	We lift them to the Lord.
Presider	Let us give thanks to the Lord our God.
People	It is right to give our thanks and praise.

#### The Presider proceeds

Blessed are you, God of everlasting covenant, for your promises are steadfast, and your provision is sure.

Through the forty years of your people's desert wanderings, you were constant in fire and cloud; with manna and mercy you sustained every step.

You made Jesus' temptation of forty days a theater of truth, where your Word stood strong.

In every age, you have shaped your people through times of wilderness and wandering, of temptation and trial, and brought them into the land of promise and the life of covenant.

And so with all who have walked the wilderness way in every time, and all who walk it this day, with angels and archangels and all the company of heaven, we join the unending hymn.

Holy, holy, holy Lord, God of power and might. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is the One who comes in the name of the Lord. Hosanna in the highest.

The people continue to stand, or kneel, as they are able.

### The Presider continues

Enduring God, as you sustained Jesus in hunger and thirst, through this meal strengthen us to keep our Lenten fast.

Send your + Holy Spirit upon us as we remember Jesus' saving passion; transform our insatiable desires into hunger for the feast of this table.

Send your + Holy Spirit upon this bread and wine, that they may be for us the body and blood of Christ;

who, at supper with his disciples, took bread, gave you thanks, broke the bread, and gave it to them, saying,

"Take, eat: this is my body which is given for you; do this in remembrance of me.

After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

#### Great is the mystery of faith. Christ has died; Christ is risen; Christ will come again.

#### The Presider continues

Forgiving God, in this season of repentance, make your mercy sufficient for every need.

Come to your children who are in their own wilderness, and make their wanderings into holy paths of learning your truth.

Strengthen all who face the threshold of temptation or the tumult of trial. Seek those whose hearts are contrite and meet them with grace.

Come alongside your children who suffer under the sin of another, and give them power to live as your beloved daughters and sons.

Renew your church from the depths of your heart, where justice and mercy meet.

Bring us with all your saints to the day when all who watch and pray for your kingdom behold your salvation and meet you in your resurrection, God most glorious, Father, Son, and Holy Spirit. **AMEN**.

#### The Presider then continues

As our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, now and forever. Amen.

### **Breaking of the Bread**

A period of silence is kept.

The Presider says

Christ our Passover is sacrificed for us. **Therefore, let us keep the feast.** 

All are welcome to receive Holy Communion.

When all who desire have received, the Presider says

Let us pray.

Presider and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

### **Dismissal and Blessing**

*Presider* Lord, when we pity ourselves and think we make great sacrifices for others:*People* Remind us of your life-giving sacrifice on the Cross.

Lord, when our patience wears thin and we are ready to give up: **Speak to us through the example of your endurance on the Cross.** Lord, when we get angry and wish to retaliate against our enemies: **Bring to our remembrance your words to your enemies from the Cross.** Lord, when we feel rejected or persecuted for doing what is right and good: **Sustain us by the knowledge of how you were reviled and rejected on the Cross.**  Lord, when we suffer pain of body or anguish of mind in this life: **Keep us near the Cross.** Lord, when we are afraid to stand for that which is true and honorable: **Strengthen us with the courage with which you went to the Cross.** Lord, when we feel alone in the world, forsaken and forgotten: **Comfort us with your love made known on the Cross.** Lord, when we come to the time of our own death: **Uphold us with the assurance that life did not end for you on the Cross.** Lord, when we are tempted by despair or fear of what lies ahead: **Fill us with the hope of resurrection and new life which are the fruits of your** 

Cross. Amen.

A priest then blesses the people, saying

And may the grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all + evermore. **Amen**. *2 Corinthians 13:14* 

### **Concluding Hymn**

### Hymnal 142

Lord, who throughout these forty days



### **The Sending Forth**

And now, my brothers and sisters in Christ, I bid you go out as did St Barnabas, Minister the Encourager. Go out with joy and in peace, to love and serve our Lord. Thanks be to God.

People

### Postlude

### This week in prayer

#### Please remember these persons and congregations in your prayers this week:

Our Bishops Bonnie, Michael, Justin, Moises (TEC); Elizabeth, Donald and Craig (ELCA) and for all priests, deacons, Ministry Teams, and those in formation

**Anglican Cycle of Praver:** 

Province of the Episcopal Church of Sudan February 18

**Diocese of Michigan Cycle of Prayer:** 

February 18 St Aidan's, Ann Arbor, St Aidan's, Michigan Center; St Stephens, San Pedro, DR

St Barnabas Cycle of Prayer: Stephanie, Eric, Bonnie, Sage

and our continuing prayers for: Jim M, Mardi, Pat, Robert, Selenah

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Faith in Action provides leadership in collecting donations to support households in need in the Chelsea and Dexter areas. They are in need of our continuing help. You may bring your donations to FIA, or to Nancy who will see that they get there. If you bring food directly to FIA, please let Nancy know, so she can continue to keep our records of donation. If you write a check, please make it to Faith In Action. The next Food Drive at the church is **TODAY**, February 18. Please contribute as generously as you can.

### **Upcoming Commemorations**

#### Martin Luther, Pastor and Church Reformer, 1546 February 18

- Agnes Tsao Kou Ying, Agatha Lin Zhao, & Lucy Yi Zhenmei, 19 Martyrs, 1856, 1858, & 1862
- Frederick Douglass, Social Reformer, 1895 20
- 21 John Henry Newman: Priest and Theologian, 1890; and, Margaret of Cortona, Monastic, 1297
- Eric Liddell: Missionary to China, 1945 22
- Polycarp of Smyrna, Bishop and Martyr, 156 23
- Matthias the Apostle 24

### Lent 1B February 18, 2024

### BIBLE STUDIES THAT WORK

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#### Genesis 9:8-17

The scale of this interaction between God and Noah is at once vast and intimate. We are reminded of the immensity of Creation, the multiplicity

of life within it, and that, although this can stagger our comprehension, God is still beyond that. Yet God is in personal conversation with Noah, with an individual person. This is remarkable, that God so cares about us that God invites us to be in personal relationship with Godself, with God who is capable of cataclysm and mercy, who created the water and set rainbows in the sky. Relationship requires more than one side. It is important that Noah does his part: Noah listens to God and does his best to live according to what he hears. God says that the rainbow is a sign to Godself, but it is also a reminder to Noah, and to us, that it matters to God when we listen. In today's collect, we pray that "each one find[s God] mighty to save." Being in relationship with a mighty savior requires that we start with listening.

• God works in both cosmic and minute ways. How have you seen God at work in the world, at the scale of the cosmos, and at the scale of your own day-to-day life?

• God invites us into personal relationship with Godself. How are you practicing listening to God, and what might you do this Lenten season to deepen and strengthen your listening?

### Psalm 25:1-9

The Psalmist here articulates a posture of humility before God. The Psalmist puts "[their] trust" in God and asks God to show, teach, and lead them. We are assured that God is gracious and teaches sinners and the lowly.

It is important to distinguish between different stances of humility. The humility in this psalm does not come from an abject self-denial or condemnation; humility is not the same thing as humiliation. This humility is that of the student or one who is led. We, if we are willing to be shown, taught, and led, are indeed capable of following in the paths of the Lord that "are love and faithfulness." In other words, we are capable of being who we are made to be, that is, people who "keep [God's] covenant and his testimonies." But the humility required is based in the remembrance that our capability to follow God comes *from* God, that any fortitude we possess is a gift.

• We are assured that God is a gracious teacher. What might God be teaching you in this season?

• Fear and doubt can often hold us back from maintaining a stance of trusting humility before our loving and forgiving God. How have you experienced God's love, in spite of ways in which you knew you fell short or missed the mark?

### 1 Peter 3:18-22

The season of Lent is an important time in the church to think about what baptism means, which this epistle connects to the time of Noah. In Noah's time, a posture of listening and faithful action in response to God's will is vital to relationship with God, and that is just as true for us as we reflect on our baptismal covenant. Just as Noah was not saved because he was

somehow able on his own to withstand the flood, but instead was saved because of his relationship with God, so too are we not asked to be righteous on our own. Notice that we make our "appeal to God for a good conscience." The source of our good conscience is in God! Our salvation is based on our relationship with God, with Christ who "suffered... in order to bring [us] to God."

• Scriptures teach us about covenantal relationship with God. What is the nature of your personal covenantal relationship with God, and how might you reflect and act this Lenten season to be ever more reconciled with God?

• Our salvation is in and through Christ. What does salvation in Christ mean to you here and now, and how might you proclaim this Good News by word and example?

### Mark 1:9-15

The density of action in these seven verses is astounding. There are sharp contrasts: heavens are torn, but the Spirit descends like a dove; a voice comes from heaven with love and affirmation, but the Spirit drives Jesus into the wilderness where he is tempted by Satan; there are beasts and angels; John is arrested, but the good news is proclaimed. So it can be when we are alive to the work of the Spirit in our lives.

Two millennia ago, Jesus said, "The time is fulfilled, and the kingdom of God has come near," and our faith is that that is just as true today as it was then. Yet note what he says next: "Repent, and believe in the good news." Yes, we are living in the fulfilled time, but we have a part to play: We are called to repent and to believe. Both can be hard, and we may be sorely tempted to take some easier path that deflects true repentance or dilutes belief in the good news. We pray in the collect that God would "come quickly to help us who are assaulted by many temptations." This passage reminds us to be prepared for God's help to sometimes lead to immediate action, and to deep and lasting transformation.

• Temptations can come in many forms, some as subtle subversions of faith and determination to persist in right relationship with God. How have you experienced temptations in your life, and how has God provided help?

• Our baptism transforms us and calls us to ongoing transformation. How is God calling you to transformation today, in this Lenten season?

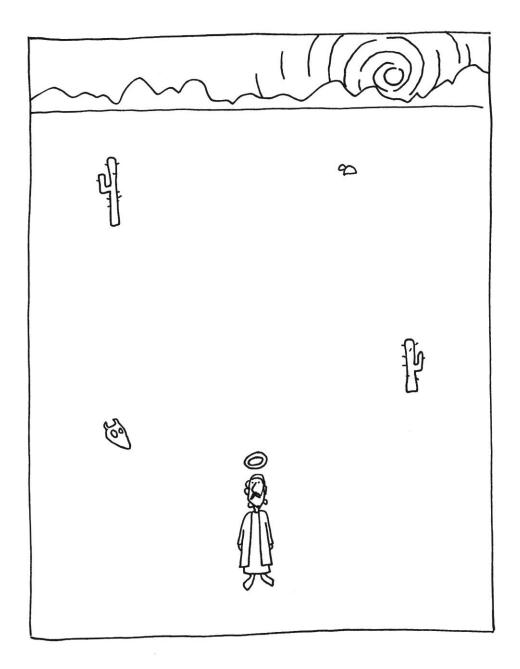
This Bible study was written by Phillip Lienau

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### **Our Mission**:

We seek to grow as diverse disciples of Jesus Christ, and to serve Jesus by serving others in the world, guided by the values of Ancient Rites, Open Minds, and Affirming Hearts.



### St Barnabas Episcopal Church

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