

# Holy Eucharist

March 6, 2022

Zoom link:

<https://us02web.zoom.us/j/85887946777?pwd=eig4MEdsMUh6clV6b2dUblFOQ3I2Zz09>

Meeting ID: 858 8794 6777

Passcode: 782611

## Lent 1C

### Announcements

*Presider* Bless the Lord who forgives all our sins;  
*People* **God's mercy endures for ever.**

*All stand as they are able for the Entrance of the Ministers into the church.*

### The Great Litany

*The Presider begins*

Holy God, Creator of heaven and earth.

**Have mercy on us.**

Holy and Mighty, Redeemer of the world,

**Have mercy on us.**

Holy Immortal One, Sanctifier of the faithful,

**Have mercy on us.**

Holy, blessed and glorious Trinity, One God,

**Have mercy on us.**

From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent.

**Savior deliver us.**

From sloth, worldliness, and love of money; from hardness of heart and contempt for your word and your laws,

**Savior deliver us.**

From sins of body and mind; from deceits of the world, flesh and the devil,

**Savior deliver us.**

From famine and disaster; from violence, murder, and dying unprepared,

**Savior deliver us.**

In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

**Savior deliver us.**

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

**Savior deliver us.**

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

**Savior deliver us.**

By your agony and trial; by your cross and passion; by your precious death and burial,  
**Savior deliver us.**

By your mighty resurrection; by your glorious ascension; and by your sending of the  
Holy Spirit,  
**Savior deliver us.**

Hear our prayers, O Christ our God.

**Hear us, O Christ.**

Govern and direct your holy Church; fill it with love and truth; and grant it that unity  
which is your will.

**Hear us, O Christ.**

Give us boldness to preach the gospel in all the world, and to make disciples of all the  
nations.

**Hear us, O Christ.**

Enlighten your bishops, priests and deacons with knowledge and understanding, that  
by their teaching and their lives they may proclaim your word.

**Hear us, O Christ.**

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

**Hear us, O Christ.**

Bring into the way of truth all who have erred and are deceived.

**Hear us, O Christ.**

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen;  
and finally beat down Satan under our feet.

**Hear us, O Christ.**

Guide the leaders of the nations into the ways of peace and justice.

**Hear us, O Christ.**

Give us the will to use the resources of the earth to your glory and for the good of all.

**Hear us, O Christ.**

Bless and keep all your people,

**Hear us, O Christ.**

Give us true repentance; forgive us our sins of negligence and ignorance and our  
deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according  
to your word.

**Holy God: The Trisagion**

*Sing through 3 times*

**S-102**

Ho - ly God, Ho - ly and Might - y,  
 Ho - ly Im - mor - tal One, Have mer - cy up - on us.

### Collect of the Day

*Presider* God be with you.  
*People* **And also with you.**  
*Presider* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*The people are seated.*

### First Reading

Deuteronomy 26:1-11

A reading from the book of Deuteronomy.

<sup>1</sup>When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, <sup>2</sup>you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. <sup>3</sup>You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." <sup>4</sup>When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, <sup>5</sup>you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he

became a great nation, mighty and populous. <sup>6</sup>When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, <sup>7</sup>we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. <sup>8</sup>The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; <sup>9</sup>and he brought us into this place and gave us this land, a land flowing with milk and honey. <sup>10</sup>So now I bring the first of the fruit of the ground that you, O LORD, have given me.” You shall set it down before the LORD your God and bow down before the LORD your God. <sup>11</sup>Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

*Reader*            Hear what the Spirit is saying to God’s people.  
*People*            **Thanks be to God.**

**Psalm 91:1-2, 9-16**    *to be prayed responsively, the women beginning, and the men responding*  
*Qui habitat*

<sup>1</sup>He who dwells in the shelter of the Most High, \*  
    abides under the shadow of the Almighty.  
<sup>2</sup>**He shall say to the LORD,**  
**“You are my refuge and my stronghold, \***  
**my God in whom I put my trust.”**  
<sup>9</sup>Because you have made the LORD your refuge, \*  
    and the Most High your habitation,  
<sup>10</sup>**There shall no evil happen to you, \***  
**neither shall any plague come near your dwelling.**  
<sup>11</sup>For he shall give his angels charge over you, \*  
    to keep you in all your ways.  
<sup>12</sup>**They shall bear you in their hands, \***  
**lest you dash your foot against a stone.**  
<sup>13</sup>You shall tread upon the lion and the adder; \*  
    you shall trample the young lion and the serpent under your feet.  
<sup>14</sup>**Because he is bound to me in love,**  
**therefore will I deliver him; \***  
**I will protect him, because he knows my Name.**  
<sup>15</sup>He shall call upon me, and I will answer him; \*  
    I am with him in trouble;  
    I will rescue him and bring him to honor.  
<sup>16</sup>**With long life will I satisfy him, \***  
**and show him my salvation.**

## Second Reading

Romans 10:8b-13

A reading from the Letter of Paul to the Romans.

<sup>8b</sup>“The word is near you,

on your lips and in your heart”

(that is, the word of faith that we proclaim); <sup>9</sup>because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup>For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. <sup>11</sup>The scripture says, “No one who believes in him will be put to shame.” <sup>12</sup>For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. <sup>13</sup>For, “Everyone who calls on the name of the Lord shall be saved.”

*Reader* Hear what the Spirit is saying to the Churches.  
*People* **Thanks be to God.**

*All stand as they are able.*

## Sequence Hymn

*Tune: Bourbon*

**Hymnal 148**



Cre- a- tor of the earth and skies, to  
We have not known you: to the skies our  
We have not loved you: far and wide the  
For this, our fool- ish con- fi- dence, our



whom the words of life be-long, grant us your truth to  
mon- u- ments of fol- ly soar, and all our self- wrought  
wreck-age of our hat-red spreads, and e- vils wrought by  
pride of know-ledge and our sin, we come to you in



make us wise; grant us your power to make us strong.  
mis- er- ies have made us trust our- selves the more.  
hu- man pride re- coil on un- re- pent- ant heads.  
pen- i- tence; in us the work of grace be- gin.

## Holy Gospel

Luke 4:1-13

*Gospeller* The Holy Gospel of our Savior Jesus Christ according to Luke.

*People* **Glory to you, O Christ.**

After his baptism, <sup>1</sup>Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, <sup>2</sup>where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. <sup>3</sup>The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” <sup>4</sup>Jesus answered him, “It is written, ‘One does not live by bread alone.’”

<sup>5</sup>Then the devil led him up and showed him in an instant all the kingdoms of the world. <sup>6</sup>And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. <sup>7</sup>If you, then, will worship me, it will all be yours.” <sup>8</sup>Jesus answered him, “It is written,

‘Worship the Lord your God,  
and serve only him.’”

<sup>9</sup>Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, <sup>10</sup>for it is written,

‘He will command his angels concerning you, to protect you,’  
<sup>11</sup>and

‘On their hands they will bear you up,  
so that you will not dash your foot against a stone.’”

<sup>12</sup>Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” <sup>13</sup>When the devil had finished every test, he departed from him until an opportune time.



*Gospeller* The Gospel of the Holy One.

*People* **Praise to you, O Christ.**

## Sermon

*All stand as they are able.*

## Nicene Creed

*Presider* Let us affirm the faith of the Church using the words of the Nicene Creed:

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,**

**eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation**

**he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;**

**he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,**

**who proceeds from the Father [and the Son],**

**who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,**

**and the life of the world to come. Amen.**

*All remain standing as they are able.*

## **Prayers of the People**

*Presider* Everyone who calls on the name of the Lord shall be saved. Our generous God hears us when we pray; therefore, let us pray, “Hear us, O God; save us, O God.”

*Intercessor* You know your Church, O God. You know that because of fear and greed, we are slow to offer the first fruits of our hearts. Forgive us and come quickly to help us. Hear us, O God; **save us, O God.**

*Silence is kept.*

You know the hearts of mortals, O God. You know that we are prone to hatred and division, even in your Church. We pray for our Bishops Bonnie, Michael, Justin, Moises, Elizabeth, Donald and Craig. Bless all ministers, priests, deacons, ministry teams, those in formation; and our brothers and sisters worshipping at St Andrew’s, Waterford, Trinity Church, Belleville, and St Mary Full of Grace, Mao, in the Dominican Republic; those in the Anglican Church of Korea, and for all the members of Christ’s body. Yet, you make no distinctions, but only love.

Help us to be more like you. Forgive us and come quickly to help us. Hear us, O God; **save us, O God.**

*Silence is kept.*

You know we are quick to exploit your creation, O God. You know we take for granted the blessings of this life [especially \_\_\_\_\_]. Forgive us and come quickly to help us. Hear us, O God; **save us, O God.**

*Silence is kept.*

You know our temptations, O God. You know we are not as strong as we think we are. Give us your strength. Forgive us and come quickly to help us. Hear us, O God; **save us, O God.**

*Silence is kept.*

You know our weaknesses, O God. Help us to comfort and liberate the lonely, the bereaved, and the oppressed. Heal the sick in body, mind or spirit, and provide for the homeless, the hungry and the destitute. Shower your compassion on prisoners, hostages and refugees, and all who are in trouble [especially \_\_\_\_\_]. Hear us, O God; **save us, O God.**

*Silence is kept.*

In you, O God, do we put our trust. We entrust to you our dead because you alone are our refuge and salvation. Hear us as we remember them: \_\_\_\_\_, and grant us with them a share in your eternal glory. For you alone are mighty to save. Hear us, O God; **save us, O God.**

*Silence is kept.*

*Presider* Almighty God, whose dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

**Amen.**

## **Peace**

*Presider* The peace of Christ be always with you.

*People* **And also with you.**

*Then the Ministers and the People may greet one another in the name of the Lord.*

## **Holy Communion**

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

***The People then are seated.***



## Announcements

*The people stand as they are able when the offerings are presented and placed on the Altar.*

## Offertory Hymn

Doxology

**Praise God, from Whom all blessings flow;  
Praise God, all creatures here below;  
Praise God above, you heavenly host;  
Praise Father, Son, and Holy Ghost.**

*The people remain standing as they are able.*

## Great Thanksgiving

*Presider* God be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them to the Holy One.**

*Presider* Let us give thanks to God.

*People* **It is right to give our thanks and praise.**

Praise and thanksgiving belong to you,  
God of every blessing, for you shaped all creation  
to grow into your abundant and eternal harvest.

You called a holy people to share life with you,  
and when they were captive in Egypt,  
with a mighty hand and an outstretched arm  
you brought them out of oppression,  
through the temptations of the wilderness,  
into a land flowing with milk and honey.

In time, your Son came among us,  
facing wilderness and temptation and hunger  
to bring us out of bondage to sin  
and to taste and see that you, the Lord, are good.

And so we thank you with angels and archangels  
and all the company of heaven as we join the unending hymn.

## Sanctus

Hymnal S125

## *Holy, Holy, Holy*



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,



heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. Ho - san - na in the high - est.



Blessed is he who comes in the name of the Lord. Ho -



san - na in the high - est. Ho - san - na in the high - est.

### *The Presider continues*

God of mercy, you gave your people manna day by day  
during their time of testing; and because no one can live by bread alone,  
you gave Jesus to be our bread from heaven.

Send your Holy Spirit upon your church  
to live as a sign of the way you transform this manna into mercy.  
With your Spirit, bless this bread and this cup,  
that they may be for us the body and blood of our Lord Jesus Christ;

who, at supper with his disciples, took bread,  
gave you thanks, broke the bread, and gave it to them, saying,

"Take, eat: this is my body which is given for you;  
do this in remembrance of me."

After supper he took the cup.

Again he gave you thanks, and gave it to his disciples, saying,

"Drink this, all of you: this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me."

Great is the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Presider continues*

Faithful God, whose Son did not escape suffering and death  
but accepted and finally overcame them,  
bring your disciples by the way of his cross to the joy of Easter.

Strengthen your church to resist evil of every kind and turn from sin.  
With your mighty hand and outstretched arm,  
uphold those enduring trials, and any who know their very life is at stake.  
Be with your children who are heavy laden,  
and all who labor beneath the misuse of power by another.

Amid temptations to be successful,  
shape your children first to be faithful to your kingdom,  
until the day when in your resurrected glory there is one life,  
one sharing, one holy communion among all saints with you  
to whom all glory belongs forever, Father, Son, and Holy Spirit. **AMEN.**

*The Presider then continues*

As our Savior Christ has taught us, we now pray:

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.**

**Breaking of the Bread**

*A period of silence is kept.*

*The Presider says*

Christ our Passover has been sacrificed for us.

**Therefore, let us keep the feast.**

Come to this table, not because you must but because you may,  
not because you are strong, but because you are weak.

Come, not because any goodness of your own gives you a right to come,  
but because you need mercy and help.

Come, because you love the Lord a little and would like to love him more.

Come, because he loved you and gave himself for you.

**Come and meet the risen Christ, for we are his Body.**

*All baptized persons are welcome to receive Holy Communion.*

*After all have received, and the table is being cleared, the following is sung.*

**Post-Communion Hymn**

*to be sung 3 times*

WLP 825

Bless the Lord my soul and bless God's ho - ly name.

Bless the Lord my soul, Who leads me in - to life.

*After the hymn, the Presider says*

Let us pray.

*Presider and People*

**God of abundance,  
you have fed us  
with the bread of life and cup of salvation;**

**you have united us  
 with Christ and one another;  
 and you have made us one  
 with all your people in heaven and on earth.  
 Now send us forth  
 in the power of your Spirit,  
 that we may proclaim your redeeming love to the world  
 and continue for ever  
 in the risen life of Christ our Savior. Amen.**

**Blessing**

*A priest blesses the people, saying*

Grant, Almighty God, that your people may recognize their weakness and put their whole trust  
 in your strength, so that they may rejoice for ever in the protection of your loving providence;  
 through Christ our Lord. And the blessing of God Almighty, + the Father, the Son, and the  
 Holy Spirit, be upon you and remain with you for ever. **Amen.**

**Recessional Hymn**

*Forty days and forty nights*

**Hymnal 150**

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
 2 Should not we thy sor - row share and from world - ly joys ab - stain,  
 3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
 4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
 5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
 2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
 3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
 4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
 5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

## Dismissal

Minister My brothers and my sisters, let us go forth in the name of Christ.  
People **Thanks be to God.**

## Postlude

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**A word from the Diocese:** “On **March 1, 2022**, we [returned] to our normal Phase 3 of [the Plan for Re-Entry](#). Therefore, effective March 1, 2022:

- Masks are recommended, but not required for indoor worship and gatherings.
- Congregations may return to coffee hour and food based gatherings, with the provision that extra space is allowed to avoid overcrowding.”

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**Faith in Action** provides leadership in collecting donations of food to support households in need in the Chelsea and Dexter areas. They are in need of our continuing help. You may bring your donations to FIA, or to Nancy who will see that they get there. **If you bring food directly to FIA**, please let Nancy know, so she can continue to keep our records of donation. If you write a check, please make it to *Faith In Action*. The **next Food Drive** is **March 20**. Please contribute as generously as you can. Contributors are asked to take their donations to Nancy’s house rather than leave them at the church; thank you!

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**Compline for Lenten Wednesdays** will begin on March 9 at 7:30 pm. Use this link: <https://us02web.zoom.us/j/86179980160?pwd=YVhPR2FWMDhsOEpsUkhBZ3RuYXV1Zz09> Meeting ID: 861 7998 0160; Passcode: 046006 Anyone interested in being the People's Respondent for any of these five services should contact [Amma Marion](#).

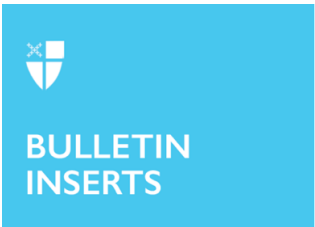
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The **Winter Book Discussion** group had its first meeting on March 3, via Zoom. The sessions begin at 6:15. The next session will be on March **XX**. All are welcome to participate. You can get the book-- [The Gifts of Imperfection](#), and its [workbook](#)-- from Amazon or other sources. Funds are available; contact [Kathy O](#).

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## Upcoming Commemorations

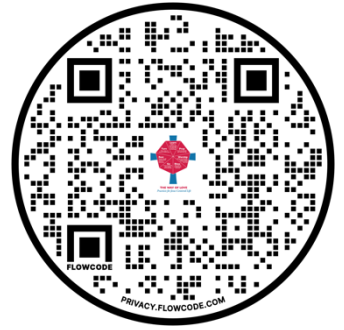
March 6	William W. Mayo, 1911, Charles F. Menninger, 1953, & Their Sons, Pioneers in Medicine
7	Perpetua and Felicity, Martyrs, 202
8	Geoffrey Anketell Studdert Kennedy: Priest, 1929
9	Gregory of Nyssa, Bishop and Theologian, c. 394
12	Gregory the Great, Bishop and Theologian, 604



## Lent 1C March 6, 2022

### Week 1: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore Life Transformed: The Way of Love in Lent, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) or by scanning the QR code to the right.



#### Week 1 of Lent

##### Sunday, March 6

*Today's Practice:* Watch the Rev. Dr. Hillary Raining's video at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) for Week 1. The topic is based on the practice "Turn" and is titled, "Dead to Sin, Alive in Christ".

*Read:* Romans 6:3-11

##### Monday, March 7

*Today's Prompt:* Where can you go and intentionally provide kindness?

*Read:* "Blessed are those who mourn, for they will be comforted." - Matthew 5:4

##### Tuesday, March 8

*Today's Prompt:* Go for a walk today and pray with your feet, each step with intention.

*Read:* "Many peoples shall come and say, 'Come, let us go up to the mountain of the Lord, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths.'" - Isaiah 2:3a

##### Wednesday, March 9

*Today's Prompt:* Where do you see the seven practices of the Way of Love in this story?

*Read:* "But finding no way to bring him in because of the crowd, they went up on the roof and let him down with his bed through the tiles into the middle of the crowd in front of Jesus." - Luke 5:19 and following.

##### Thursday, March 10

*Today's Prompt:* Who has taught you to live a Jesus-filled life? Who have you taught?

*Read:* "So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day." - 2 Cor. 4:16

##### Friday, March 11

*Today's Prompt:* What is most meaningful to you in worship?

*Read:* *Book of Common Prayer*, p. 281

##### Saturday, March 12

*Today's Prompt:* How do you incorporate *rest* in your life?

*Read:* "Thus says the Lord: Stand at the crossroads, and look, and ask for the ancient paths, where the good way lies; and walk in it, and find rest for your souls. But they said, 'We will not walk in it.'" - Jer. 6:16

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Sequence Hymn tune, *Bourbon*, is found at *Hymnal* #675

Eucharistic Prayer from Wells, Samuel and Abigail Kocher, *Eucharistic prayers*. Grand Rapids: Eerdmans, 2016, pp.124-125

Lenten Blessing from *Book of Occasional Services*. New York: Church Publishing, 2003, p.26

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### Our Mission:

We seek to grow as diverse disciples of Jesus Christ, and to serve Jesus by serving others in the world, guided by the values of Ancient Rites, Open Minds, and Affirming Hearts.



**THE WAY OF LOVE**  
*Practices for Jesus-Centered Life*

### St Barnabas Episcopal Church

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