

Holy Eucharist

August 18, 2024

Zoom link:

<https://us02web.zoom.us/j/85887946777?pwd=eig4MEdsMUh6clV6b2dUblFOQ3I2Zz09>

Meeting ID: 858 8794 6777

Passcode: 782611

Proper 15B, Pentecost 13

Prelude



All stand as they are able

Opening Hymn

Hymnal 304

I come with joy

1 I come with joy to meet my Lord, for -
2 I come with Chris - tians far and near to
3 As Christ breaks bread and bids us share, each
4 And thus with joy we meet our Lord. His
5 To - geth - er met, to - geth - er bound, we'll

1 giv - en, loved, and free, in awe and won - der
2 find, as all are fed, the new com - mu - ni -
3 proud di - vi - sion ends. That love that made us
4 pres - ence, al - ways near, is in such friend - ship
5 go our dif - ferent ways, and as his peo - ple

1 to re - call his life laid down for me.
 2 ty of love in Christ's com - mun - ion bread.
 3 makes us one, and stran - gers now are friends.
 4 bet - ter known: we see, and praise him here.
 5 in the world, we'll live and speak his praise.

Presider Blessed be + the one, holy, and living God.

People **Glory to God for ever and ever.**

The Presider begins the Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

**Glory to God in the highest,
 and peace to God's people on earth.
 Lord God, heavenly King,
 almighty God and Father,
 we worship you, we give you thanks,
 we praise you for your glory.
 Lord Jesus Christ, only Son of the Father,
 Lord God, Lamb of God,
 you take away the sin of the world:
 have mercy on us;
 you are seated at the right hand of the Father:
 receive our prayer.
 For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father. Amen.**

Collect of the Day

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

All sit.

First Reading

Proverbs 9:1-6

A Reading from the book of Proverbs.

- ¹Wisdom has built her house,
she has hewn her seven pillars.
²She has slaughtered her animals, she has mixed her wine,
she has also set her table.
³She has sent out her servant-girls, she calls
from the highest places in the town,
⁴“You that are simple, turn in here!”
To those without sense she says,
⁵“Come, eat of my bread
and drink of the wine I have mixed.
⁶Lay aside immaturity, and live,
and walk in the way of insight.”

Reader The Word of the Lord.

People **Thanks be to God.**

Remain seated

Psalms 34:9-14

to be prayed responsively beginning with the men

- ⁹Fear the LORD, you that are God's saints, *
for those who fear the Holy One lack nothing.
WOMEN ¹⁰**The young lions lack and suffer hunger, ***
but those who seek the LORD lack nothing that is good.
¹¹Come, children, and listen to me; *
I will teach you the fear of the LORD.
¹²**Who among you loves life ***
and desires long life to enjoy prosperity?
¹³Keep your tongue from evil-speaking *
and your lips from lying words.
¹⁴**Turn from evil and do good; ***
seek peace and pursue it.

Second Reading

Ephesians 5:15-20

A Reading from Paul's letter to the Church in Ephesus.

¹⁵Be careful then how you live, not as unwise people but as wise, ¹⁶making the most of the time, because the days are evil. ¹⁷So do not be foolish, but understand what the will of the Lord is. ¹⁸Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, ¹⁹as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, ²⁰giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Reader The Word of the Lord.

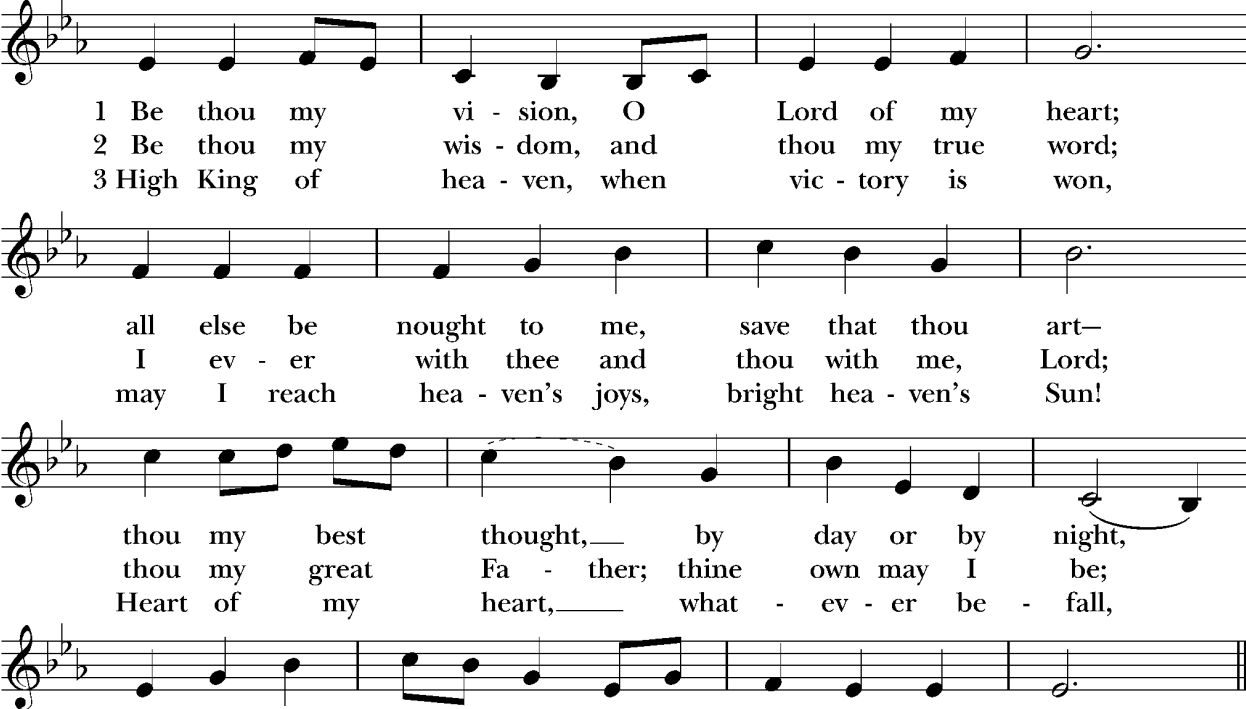
People **Thanks be to God.**

All then stand as they are able.

Sequence Hymn

Hymnal 488

Be thou my vision



1 Be thou my vi - sion, O Lord of my heart;
2 Be thou my wis - dom, and thou my true word;
3 High King of hea - ven, when vic - tory is won,
all else be nought to me, save that thou art—
I ev - er with thee and thou with me, Lord;
may I reach hea - ven's joys, bright hea - ven's Sun!
thou my best thought, — by day or by night,
thou my great Fa - ther; thine own may I be;
Heart of my heart, — what - ev - er be - fall,
wak - ing or sleep - ing, thy pres - ence my light.
thou in me dwell - ing, and I one with thee.
still be my vis - ion, O Ru - ler of all.

Holy Gospel

John 6:51-58

Deacon The Holy Gospel of our Savior Jesus Christ according to John.

People **Glory to you, Lord Christ.**

[Jesus said,] ⁵¹“I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

⁵²The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” ⁵³So Jesus said to them, “Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; ⁵⁵for my flesh is true food and my blood is true drink. ⁵⁶Those who eat my flesh and drink my blood abide in me, and I in them. ⁵⁷Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. ⁵⁸This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.”



Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Sermon

The Rev. Dcn. Tom Franklin

All then stand as they are able.

Nicene Creed

Presider Let us affirm the faith of the Church using the words of the Nicene Creed.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation**

**he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;**

**he ascended into heaven
and is seated at the right hand of the Father.**

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father [and the Son],
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

All remain standing as they are able.

Prayers of the People

Minister Brothers and sisters, children of God, we come to the Holy One, trusting that our prayers will be heard. So, we pray, O God of abundant mercy, hear our prayer.

Intercessor For your church in our neighborhoods and around the world, may we work toward unity and pray with one heart and one voice. We pray for wisdom for our leaders; for the president, the Congress, and the courts. O God of abundant mercy, **hear our prayer.**

Silence is kept.

We come to you as disciples. May your love be known in the words we say and the lives we live. O God of abundant mercy, **hear our prayer.**

Silence is kept.

We come to you for forgiveness—for paying more attention to our own needs than to the needs of others, for listening more to our own voice than we listen to yours, and for all the ways we put up barriers between your love and our lives. O God of abundant mercy, **hear our prayer.**

Silence is kept.

We come to you with thankful hearts, thankful for friends, family, and food; thankful for work, play and peace [and especially_____]. Let us never forget those who are alone, hungry, out of work, and living in violent situations. O God of abundant mercy, **hear our prayer.**

Silence is kept.

We come to you on behalf of all who are in need of healing and peace [especially_____]. We give thanks for those in our community who provide care and comfort through long days and nights of pain. Make your presence known to those who are broken, lost, or grieving, and bring them the peace they seek. O God of abundant mercy, **hear our prayer.**

Silence is kept.

We come to you for hope, bringing before you those we love and see no longer [remembering_____]. We rejoice that they now are free from all pain and delight in the never-ending life that awaits us. O God of abundant mercy, **hear our prayer.**

Silence is kept

Minister O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us, and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

Confession of Sin

Then the Presider says to the people

Since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. *Hebrews 4:14, 16*

Let us confess our sins to God.

All remain standing, or kneel, as they are able.

Silence may be kept.

Minister and People

**God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

A Priest stands and says

Almighty God have mercy on you, + forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

All stand as they are able

Peace

Presider The peace of the LORD be always with you.

People **And also with you.**

The Ministers and the People may offer God's peace to one another in the name of the Lord.

The People then are seated.

Announcements

Holy Communion

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High.

Psalm 50:14

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the Presider.

The people stand as they are able when the offerings are presented and placed on the Altar.

Offertory Hymn

Doxology

Praise God, from Whom all blessings flow;

Praise God, all creatures here below;

Praise God above, you heav'nly host;

Praise Father, Son, and Holy Ghost.

The people remain standing as they are able

The Great Thanksgiving

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to offer thanks and praise.**

The Presider proceeds

God of great and steadfast love, we thank and praise you because you open your life that we may abide in you.

You called Abraham and Sarah, and made your home in the midst of the people whom you had chosen, a great people, so numerous they could not be numbered or counted.

In your son Jesus, son of Mary, you walked before us in faithfulness, in righteousness, and in uprightness of heart.

You crowned him king and ushered in a reign that has no end; and in your grace you invite us to gather around his heavenly throne, joining all the company of heaven, proclaiming your unending glory:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

The people continue to stand, or kneel, as they are able.

The Presider continues

Ever-present God, through meals, you show your people your faithfulness in the wilderness, your persistence in times of famine, and your will to be our companion forever.

Your Son shared a meal the night before he died for our salvation, and on the day he rose for our redemption.

Send your ✚ Holy Spirit on your people, that those who eat the flesh of your Son and drink his blood may have eternal life.

Sanctify ✚ this bread and this wine, that they may be for us the body and blood of our Lord Jesus Christ;

who, at supper with his disciples, took bread, gave you thanks, broke the bread, and gave it to them, saying, Take, eat: this is my body which is given for you; do this in remembrance of me"

After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

Great is the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

The Presider continues

Steadfast God, you offered your servant Solomon any gift he needed to take up the mantle of leading your people. When he chose an understanding mind, able to discern between good and evil, you gave him also those things for which he had not asked.

You bestow on us so much more than we desire or deserve.
Send upon your people the gift of wisdom, that your children may know the paths that lead to peace, your church may be renewed in the ways of gentleness, and your kingdom may come near in grace and truth.

Build up rulers and leaders in the virtues of discernment and mercy. Show your face to those who ache for your overturning day of reversal, and hasten the coming of your just and righteous reign, Triune God, now and forever. **AMEN.**

The Presider then continues

And now, as our Savior Christ has taught us, we now pray,

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

Breaking of the Bread

A period of silence is kept.

The Presider says

This is the true bread which comes down from heaven and gives life to the world.
Whoever eats this bread will live for ever.

These are the gifts of God for the People of God.

All are welcome to receive Holy Communion.

When all who desire have received, the Presider says

Let us pray.

Presider and People

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,**

**and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Blessing

A priest blesses the people, saying

Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road,
and the blessing of + God Almighty, the Father, the Son, and the Holy Spirit,
be among you, and remain with you always. **Amen.**

Concluding Hymn

Hymnal 341

For the bread which you have broken

1 For the bread which you have bro - ken, for the
 2 By this pledge, Lord, that you love us, by your
 3 As our bless - ed ones a - dore you, seat - ed
 4 In your ser - vice, Lord, de - fend us; in our

wine which you have poured, for the words which you have
 gift of peace re - stored, by your call to heaven a -
 at our Fa - ther's board, may the Church still wait - ing
 hearts keep watch and ward, in the world to which you

spo - ken, now we give you thanks, O Lord.
bove us, hal - low all our lives, O Lord.
for you keep love's tie un - bro - ken, Lord.
send us let your king - dom come, O Lord.

Dismissal

Minister And now, my sisters and brothers in Christ, I bid you go out as did St Barnabas, the Encourager. Go out with a good heart, full of peace and joy, to love and serve our Lord.
People **Thanks be to God. Alleluia, alleluia!**

Postlude

++++
We welcome the Rev. Deacon Tom Franklin to our service today!
He serves St Mary Catholic Church, Chelsea.

This week in prayer

Please remember these persons and congregations in your prayers this week:
Our Bishops Bonnie, Michael, Sean, Justin, Moises (TEC); Elizabeth, Donald and Craig (ELCA) **and for** all priests, deacons, Ministry Teams, and those in formation
Anglican Cycle of Prayer:
August 18 The Anglican Church of Melanesia
Diocese of Michigan Cycle of Prayer:
August 18 Church of the Redeemer, Southfield; St John's, Plymouth; All Saints', La Romana, DR
St Barnabas Cycle of Prayer: Alan, Kitty, Linda, Scott
and our continuing prayers for: Jim M, Joan, Mardi, Pat, Robert, Selenah

Faith in Action is in need of our continuing help. You may bring your donations to FIA, or to Nancy who will see that they get there. **If you bring food directly to FIA**, please let Nancy know, so she can continue to keep our records of donation. If you write a check, please make it to *Faith In Action*, with “St Barnabas” on the memo line. The **Food Drive** is **TODAY, August 18**. In the Spirit of Christ our Bread, please contribute as generously as you can.

+++++

Upcoming Commemorations

- August 18 William Porcher DuBose, Priest, 1918; and,
Artemisia Bowden, 1969, Educator and Civil Rights Activist
- 20 Bernard of Clairvaux, Monastic and Theologian, 1153
- 23 Martin de Porres, 1639, Rosa de Lima, 1617, and
Toribio de Mogrovejo, 1606, Witnesses to the Faith in South America
- 24 Bartholomew the Apostle

+++++



Proper 15B August 18, 2024

Ephesians 5:15-20

We have a great turn of phrase in our reading – “Making the most of the time because the days are evil.” Literally in Greek, “redeeming the time.” “Evil days” probably was a reference to the expected apocalypse, but we

can reinterpret the phrase as a comment on our historical moment. How are we being called to “redeem the time” during these days of evil?

Each of us and our communities must answer this question for ourselves; our verses from Ephesians can serve as inspiration. Let’s briefly look at a few key themes that touch on some core Christian theological concepts. First, “Paul” underscores that Christian faith is *communal*. One cannot alone be a disciple of Jesus. Christian anthropology doesn’t allow for a solitary faith. Bishop Desmond Tutu put it this way: “It is not ‘I think therefore I am.’ It is rather, ‘I am human because I belong. I participate. I share.’”

Second, Christians live with boundaries. We submit ourselves to a discipline characterized by self-control. The author implies a two-fold point in his warning about drinking wine – this harms the body of the individual but also the corporate body. In other words, one’s actions have consequences not only for the individual.

Third, note that our passage begins with a mention of wisdom and ends with a mention of the Spirit. Being “filled with the Spirit” can be interpreted as learning the ways of Wisdom. In the Hebrew Bible, the terms “wisdom,” “word,” and “Spirit” were interchangeable. This inspiration bears fruit in harmonious living with others in our communities, which our author symbolizes with images of singing, playing, and addressing one another in psalms.

- What challenges from our culture face the Christian notions of community, boundaries, and living in the Spirit of Wisdom?

John 6:51-58

On one level, this week’s Gospel is about the Eucharist. On another, our verses could be interpreted as a commentary on being part of the Christian community. I’d like to focus on this latter approach. Let’s consider the Greek word John chose to use for “flesh” – *sarx*.

In the New Testament, *sarx* is usually (but not always) used in a negative way. “Flesh” is often a metaphor for selfishness or actions done apart from the wisdom and guidance of God. *Sarx* also refers to the soft, ephemeral, mortal, corruptible aspect of the human being. Interestingly, John could have used another word – *soma* – usually translated as “body.” In the New Testament, this term is used to describe the resurrected, glorified body of Jesus, and the redeemed body of the Christian. *Soma* carries a positive connotation. So why did John choose *sarx* over *soma*?

Scripture uses the phrase “body of Christ” in three distinct ways – Jesus’ physical body, the Eucharist, and the body of believers. *Soma* is an appropriate word for the first two, but I suggest that *sarx* is fitting for the third. To follow Jesus is to be a part of a community, and we know that this is no easy task. Communities are messy, difficult, corruptible, dysfunctional, and sometimes (like our fleshy bodies) they stink! But if we’re going to have the “life” Jesus is talking about, we need to be nourished with his flesh, the community. We have to learn to eat this flesh and drink this blood. This is indeed a hard teaching, and it is the reason that many turn away (I know many times I have been tempted to “spit out” this food and drink!).

Finally, we might also hear in Jesus’ teaching to “eat [his] flesh” a call to be a nourishing, nurturing community, not junk food. Jesus needs us to cooperate with his grace so that we, his body, can be *life* for those who feed on him.

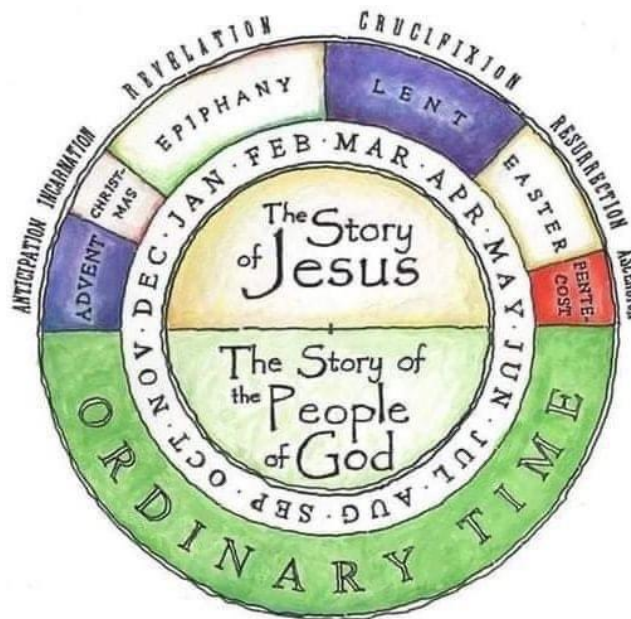
- How can we as a community be true food and drink for each other and the world?

This study written by Brian B. Pinter

+++++

From riteplanning.com. Copyright © 2024 Church Publishing Inc. All rights reserved. **Drawing** on p.15 by the Rev. Jay Sidebotham, from *Drawn to the Gospels: an illustrated lectionary*, Year B, p.120
Eucharistic Prayer from Wells, Samuel and Abigail Kocher. *Eucharistic prayers*. Grand Rapids MI: Eerdmans, 2016, pp.250-251.

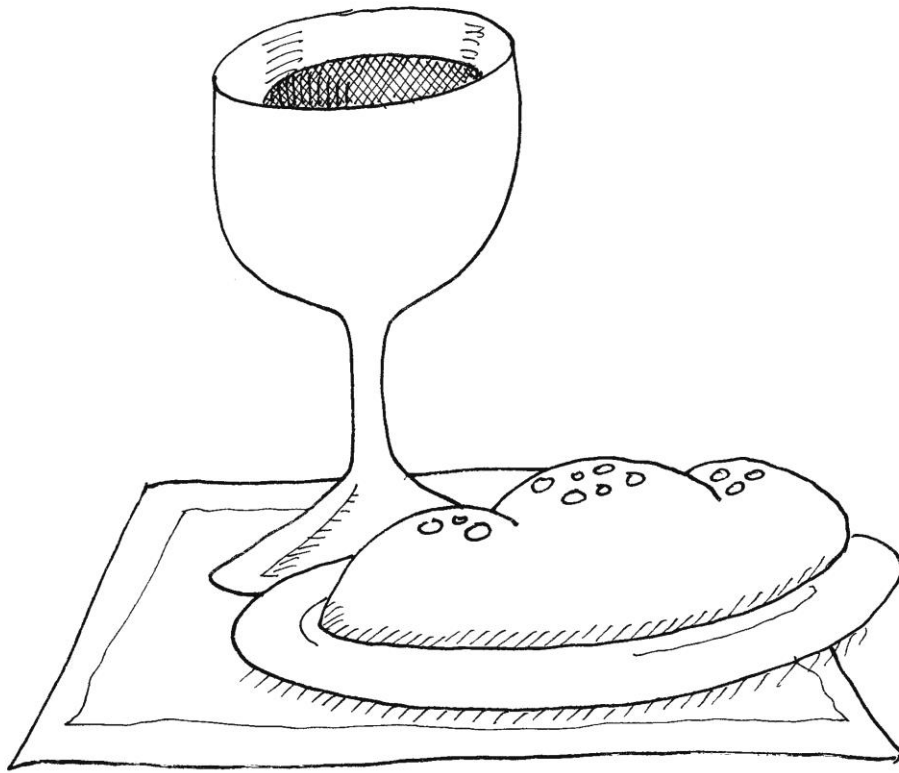
+++++



Our Mission:

We seek to grow as diverse disciples of Jesus Christ, and to serve Jesus by serving others in the world, guided by the values of Ancient Rites, Open Minds, and Affirming Hearts.

'The one who eats
this bread will
live forever.' JOHN 6:58



St Barnabas Episcopal Church

A Community of Ministers

20500 W Old US-12

Chelsea MI 48118

stbarnabaschelsea.org