# **Holy Eucharist**

January 21, 2024

Zoom link:

https://uso2web.zoom.us/j/85887946777?pwd=ei94 MEdsMUh6clV6b2dUblFOQ3I2Zzo9

> Meeting ID: 858 8794 6777 Passcode: 782611

# **Epiphany 3B**

## **Prelude**



All stand as they are able





Presider Blessed be the one, holy, and living God.

People Glory to God for ever and ever.

The Presider begins the Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The following is said, all standing

Glory to God in the highest, and peace to God's people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God. you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, vou alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

# **Collect of the Day**

Presider God be with you.
People And also with you.

Presider Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**.

All sit.

# **First Reading**

Jonah 3:1-5, 10

A Reading from the book of Jonah.

<sup>1</sup>The word of the LORD came to Jonah a second time, saying, <sup>2</sup>"Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." <sup>3</sup>So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. <sup>4</sup>Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" <sup>5</sup>And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

<sup>10</sup>When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Reader The Word of the Lord.
People **Thanks be to God.** 

Remain seated

### Psalm 62:6-14

to be prayed in unison

'For God alone my soul in silence waits; \*
truly, my hope is in him.

'He alone is my rock and my salvation, \*
my stronghold, so that I shall not be shaken.

'In God is my safety and my honor; \*
God is my strong rock and my refuge.

'Put your trust in him always, O people, \*
pour out your hearts before him, for God is our refuge.

'Those of high degree are but a fleeting breath, \*
even those of low estate cannot be trusted.

'IOn the scales they are lighter than a breath, \*
all of them together.

'Put no trust in extortion;
in robbery take no empty pride; \*
though wealth increase, set not your heart upon it.

- <sup>13</sup>God has spoken once, twice have I heard it, \* that power belongs to God.
- <sup>14</sup>Steadfast love is yours, O Lord, \* for you repay everyone according to his deeds.

# **Second Reading**

1 Corinthians 7:29-31

A Reading from Paul's First letter to the Church in Corinth.

<sup>29</sup>I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, <sup>30</sup>and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, <sup>31</sup>and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

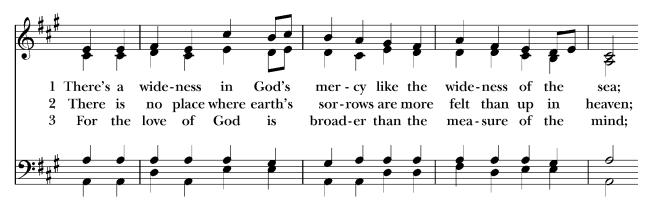
Reader The Word of the Lord.
People Thanks be to God.

All stand as they are able.

# **Sequence Hymn**

Hymnal 470

There's a wideness in God's mercy





Holy Gospel Mark 1:14-20

Gospeller The Holy Gospel of our Savior Jesus Christ according to Mark.

People Glory to you, Lord Christ.

<sup>14</sup>Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, <sup>15</sup>and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

<sup>16</sup>As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. <sup>17</sup>And Jesus said to them, "Follow me and I will make you fish for people." <sup>18</sup>And immediately they left their nets and followed him. <sup>19</sup>As he went a little farther, he saw James son of Zebedee and his brother John, who were in their



boat mending the nets. <sup>20</sup>Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

Gospeller The Gospel of the Lord.

People Praise to you, Lord Christ.

#### Sermon

# **Larry Odom-Groh**

All then stand as they are able.

### **Nicene Creed**

*Presider* Let us affirm the faith of the Church using the words of the Nicene Creed.

We believe in one God, the Father, the Almighty, maker of heaven and earth. of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father: through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate: he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life,

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father [and the Son], who with the Father and the Son is worshiped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

All remain standing as they are able.

## **Prayers of the People**

*Presider* Brothers and sisters, children of God, our merciful God continually calls us into the deep, away from lives with no direction. May the Holy One be present with us as we navigate the waters of faithfulness. Turn us in the direction of your voice and purpose. Give us the courage to respond to your call and go where you lead us. And let God's people say, "Amen."

*Intercessor* Equip the leaders of your faithful people to lead with holy vision. We pray for wisdom and stamina for our bishops, priests, and deacons. Guide them as they guide your people. And let God's people say, "**Amen**."

Silence is kept.

Strengthen our nation's relationships across boundaries and language. Put words of peace on the lips of every world leader. Open the eyes of people everywhere to the needs of their neighbors. And let God's people say, "Amen."

Silence is kept.

Holy One, you are ruler of all things in heaven and earth. Hear our prayers for this parish family. Strengthen the faithful, arouse the careless, and restore the penitent. Grant us all a burning heart for our congregation, and all things necessary for our common life, and the embrace of the ministries with which you have gifted everyone. Bring us all to be of one heart and mind within your holy Church. And let God's people say, "Amen."

Silence is kept

Holy One, we rely on, and give thanks for, your divine wisdom, knowledge and understanding. We know that, because of your Holy Spirit's guidance, we can make the right decisions in line with your will and purpose for this parish. We ask for the Spirit of discernment, that we each may be enabled to make those decisions that will lead us to the serving of your church in this place. And let God's people say, "Amen."

We are abundantly blessed and praise you for your goodness and care of us. We are grateful today for [and] all you so graciously give us. And let God's people say "Amen."
Silence is kept.
We lift those who are hurting into your healing presence: for those facing the struggles of illness, uncertainty, broken relationships, and world weariness; for those who are dying, granthem a holy death. We pray today for [ and] any you wish to name now. And le God's people say, "Amen."

*Presider* Lord God, you have called your servants to ventures of which we cannot see the ending, by paths as yet untrodden, through perils unknown. Give us faith to go out with good courage, not knowing where we go, but only that your hand is leading us and your love supporting us; for this we pray. **Amen.** 

### **Confession of Sin**

The Presider says to the people

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark* 12:29-31

Let us confess our sins to God.

All remain standing, or kneel, as they are able.

Silence may be kept.

Minister and People

God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

A Priest stands and says

Almighty God have mercy on you, + forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

All then stand as they are able.

#### **Peace**

*Presider* The peace of Christ be always with you.

People And also with you.

The Ministers and the People may offer God's peace to one another in the name of the Lord.

The People then are seated.

#### Announcements

# **Holy Communion**

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High. *Psalm* 50:14

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the Presider.

The people stand while the offerings are presented and placed on the Altar

# **Offertory Hymn**

Doxology

Praise God, from Whom all blessings flow; Praise God, all creatures here below; Praise God above, you heav'nly host; Praise Father, Son, and Holy Ghost.

The people remain standing as they are able

# **Great Thanksgiving**

Presider The Lord be with you.
People And also with you.
Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

The Presider proceeds

It is with joy that we give you thanks and praise, summoning Lord, for you called creation into being; you invited a people to be your own; and in your prophets, you called your children time after time to return to your ways, and live.

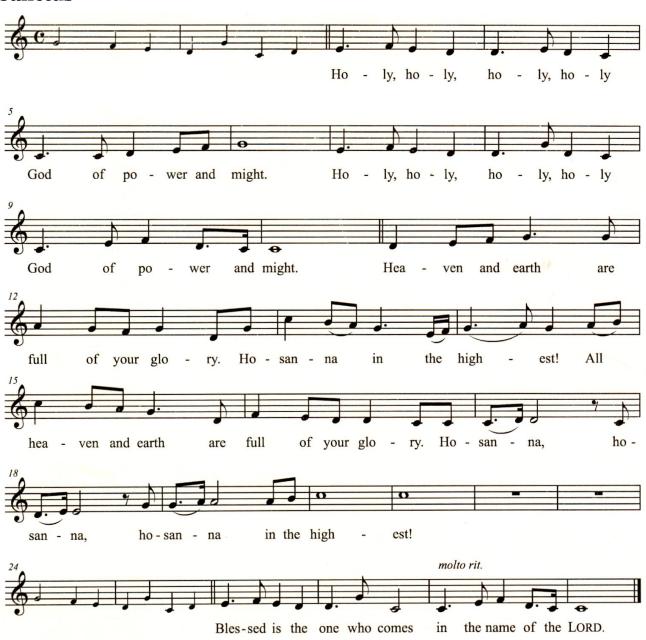
In Jesus, you embodied your call to the whole world to worship you, to be your friends, and to eat at this table with you.

Through the Spirit, you continue to beckon us to become members of your body and channels of your grace.

Even when our sin put your Son on the cross, your mercy turned death into resurrection and shame into glory.

And so we enjoy you now and forever, with saints and angels and archangels, and all the company of heaven, lifting our voices with all creation as we sing:

### Sanctus



The people continue to stand, or kneel, as they are able.

#### The Presider continues

Restoring God, at your Son's birth, you called together heaven and earth, rich and poor, humans and animals; among your Son's disciples, you called together fishermen, tax collectors, and zealots; in his ministry you summoned soldiers and widows, criminals and

Samaritans; at this table now you draw together the food of daily endeavor and the cup of celebration.

Send your Holy Spirit among us + to make us your diverse but holy people.

By the power of your Spirit, make these + gifts of bread and wine be for us the body and blood of your Son Jesus Christ;

who, at supper with his disciples, took bread, gave you thanks, broke the bread, and gave it to them, saying,

"Take, eat: this is my body which is given for you; do this in remembrance of me.

After supper he took the cup. Again he gave you thanks, and gave it to his disciples, saying, 'Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore we proclaim the mystery of faith: Christ has died; Christ is risen; Christ will come again.

The Presider continues

Calling God, you find us where we are and summon us to follow you.

As you sent your disciples to fish in the waters of the world, renew your people in their vocations and ministries. Sanctify your children to share your good news and discover your kingdom near and far. Mend the nets of those who labor long and in vain, that all who look to you in faith may find from you fitting work to do: until that day when you gather your whole creation into one great net of grace, and shower your universe with the wonder of your glory, ever one God, Father, Son, and Holy Spirit. **AMEN**.

The Presider then continues

As our Savior Christ has taught us, we now pray,

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

# **Breaking of the Bread**

A period of silence is kept.

The Presider says

This is the true bread which comes down from heaven and gives life to the world. **Whoever eats this bread will live for ever.** 

These are the Gifts of God.

And we are the people of God.

All are welcome to receive Holy Communion.

Remaining seated, the following is sung after the table has been cleared.

## **Communion Hymn**

Hymnal 660

O Master, let me walk with thee



The Presider then says

Let us pray.

### Presider and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

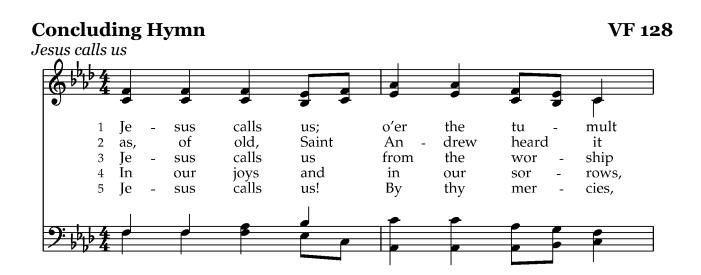


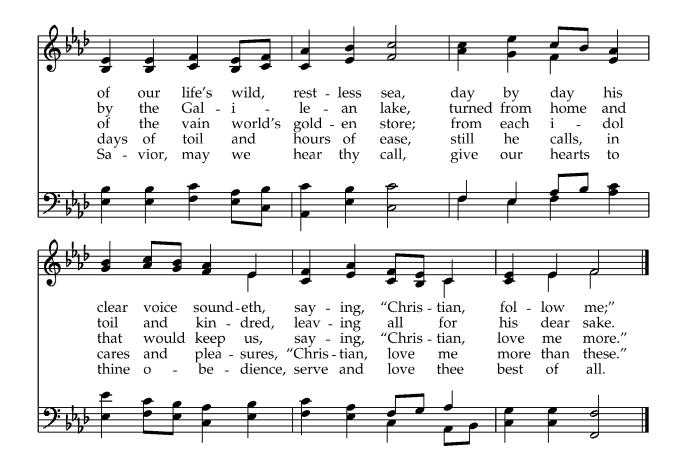
## **Blessing**

A priest blesses the people, saying

Go into the world, and know how much a tired and hurting world needs your strength and gladness. For there are deeds of compassion and courage that will never be done, unless you do them; and words of hope and healing that will never be spoken, unless you speak them.

And the blessing of God Almighty, + the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen**.





### **Dismissal**

Minister And now, my sisters and brothers in Christ, I bid you go out as did St Barnabas,

the Encourager. Go out with joy and in peace, to love and serve our Lord.

People Thanks be to God.

### **Postlude**

### This week in prayer

### Please remember these persons and congregations in your prayers this week:

**Our Bishops** Bonnie, Michael, Justin, Moises (TEC); Elizabeth, Donald and Craig (ELCA) **and for** all priests, deacons, Ministry Teams, and those in formation

**Anglican Cycle of Prayer:** 

January 21 The Church of South India (United)

Diocese of Michigan Cycle of Prayer:

January 21 St Luke's, Allen Park, St Stephen's, Wyandotte; St Thomas', Gautier, DR

St Barnabas Cycle of Prayer: Karen, Rob, Joan, Patricia

and our continuing prayers for: Bob, Jim M, Mardi, Pat, Robert, Selenah

Faith in Action provides leadership in collecting donations to support households in need in the Chelsea and Dexter areas. They are in need of our continuing help. You may bring your donations to FIA, or to Nancy who will see that they get there. **If you bring food directly to FIA**, please let Nancy know, so she can continue to keep our records of donation. If you write a check, please make it to *Faith In Action*. The **next Food Drive at the church** is **TODAY**, **January 21**. Please contribute as generously as you can.

# **Upcoming Commemorations**

January 21 Agnes & Cecilia, Martyrs at Rome, 304 & c.230

- 22 Vincent, Deacon of Saragossa, and Martyr, 304
- 23 Phillips Brooks, Bishop of Massachusetts, 1893
- 24 Florence Li Tim-Oi, Priest, 1992
- 25 The Conversion of Saint Paul the Apostle
- 26 Timothy and Titus, Companions of Saint Paul
- 27 John Chrysostom, Bishop and Theologian, 407; and, Lydia, Dorcas, and Phoebe: Witnesses to the Faith



### Epiphany 3B January 21, 2024

### Jonah 3:1-5, 10

In this passage, we hear the second half of Jonah's story. Here, Jonah follows God's call to travel to Nineveh and proclaim God's judgment

against the city. The people of Nineveh listen to Jonah, repent of their evil ways, fast, and dress themselves and even their animals in sackcloth and ashes. Seeing their repentance, God relents, sparing them from destruction.

Earlier, of course, Jonah had refused the call to go to Nineveh, fleeing across the Mediterranean and finding himself swallowed by—and three days later spewed out by—a large fish.

The book of Jonah is funny. A man runs away from God and is swallowed by a fish—and then is spit back up on shore—which convinces him that perhaps he ought to carry out his God-given mission after all. Domestic animals are dressed in sackcloth. And when God relents, his prophet is angry, because he has been made to look like a fool.

The book is funny, but it is also a story about both the relentlessness of God's call and the breadth of God's mercy.

- Have you ever tried to evade God's call, only to find yourself back where you started?
- What do you make of the humor of the story? Can we use humor to better understand God?

### Psalm 62:6-14

The overarching theme of Psalm 62 is a call to trust in God, over and above the powers and riches of this world.

But the psalm is more than a call to trust. It is also a poem. "For God alone my soul in silence waits," it begins, in the language of poetry.

The psalmist's soul can wait in silence, untroubled and without anxiety, because it is God who is awaited: awaited in perfect trust.

In the language of the psalm, God is rock and salvation, a strong rock and a refuge, a stronghold, a source of power, and the fitting recipient of steadfast love, hope, and trust.

- How might you cultivate the attitude of the psalmist, to wait for God with your soul in silence?
- What does it mean to trust in God as a strong rock and refuge, and to place your love, hope, and trust in God?

### 1 Corinthians 7:29-31

Paul writes at great length to the church in Corinth about marriage and divorce and other social relationships. Much of his advice may seem anachronistic to us today, but underlying and informing everything he writes is the sense that time has grown short and the world is passing away. For Paul, this eschatological vision lends urgency to the call of all Christians to devote themselves to the Lord, above and beyond any earthly obligations. "Those who deal with the world" are to act "as though they had no dealings with it."

- Given the many hundreds of years that have passed since Paul wrote to the Corinthians, can we recover the urgency of Paul's vision of a world that is even now passing away?
- What might it mean for each of us to hold lightly the things of this world and to place our trust in God?

#### Mark 1:14-20

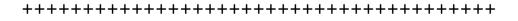
Today's Gospel passage sounds themes of calling and of a world passing away that can also be found in the day's other readings.

Jesus proclaims the coming of the kingdom of God and calls those who hear him to repent, to turn, at to believe in the good news.

Jesus calls Simon and Andrew, James and John, from their work as fishermen. The four men immediately follow him, leaving behind nets and family and hired workers and fishing boats still floating in the sea. This is a story of a response to God's call that sounds very different from that of Jonah's slow and reluctant obedience.

- What might we need to leave behind in order to follow Jesus? And can we ever hope to do so with the swiftness of Simon, Andrew, James, and John?
- What calls do we hear in our own lives? In what ways are we called to follow Jesus in our own time?





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**Eucharistic Prayer** from Wells, Samuel and Abigail Kocher. *Eucharistic prayers*. Grand Rapids MI: Eerdmans, 2016, pp86-87.

### **Our Mission:**

We seek to grow as diverse disciples of Jesus Christ, and to serve Jesus by serving others in the world, guided by the values of Ancient Rites, Open Minds, and Affirming Hearts.



# **St Barnabas Episcopal Church**

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